

INTERIM NARRATIVE REPORT

1. Description

- 1.1. Name of beneficiary of grant contract: **World Population Foundation, Netherlands**
- 1.2. Name and title of the Contact person: Mr. Qadeer Baig, Country Representative
- 1.3. Name of partners in the Action:
 - 1.3.1. Awaz Foundation Pakistan; Centre for Development Services
 - 1.3.2. Health and Nutrition Development Society (HANDS)
 - 1.3.3. Aahung
- 1.4. Title of the Action: **Rights Driven Institutionalization of Sexual and Reproductive Health in Pakistan**
- 1.5. Contract number: **DCI-NSAPVD/2008/171-425**
- 1.6. Start date and end date of the reporting period: **1st January to 31st December 2010**
- 1.7. Target country(ies) or region(s): **Pakistan**
- 1.8. Final beneficiaries &/or target groups¹ (if different) (including numbers of women and men):

The target group of the project are young people of Pakistan. More specifically the direct beneficiaries of 4 year project will reach up to 153,000 young people, particularly girls, 1200 Teachers, 150 Health Professionals, 100 CSOs, 50 Media Representatives, 150 Elected Representatives, 100 Government Officials, 50 Religious Leaders, 150,000 Parents. Over all, the project will benefit about 1,000,000 young people.
- 1.9. Country(ies) in which the activities take place (if different from 1.7): **Pakistan**

2. Assessment of implementation of Action activities

2.1. Executive summary

The project aims to improve the Sexual and Reproductive Health status of young people in Pakistan by integrating SRHR in educational and health policies and services in the country and thus creating an enabling environment for young people to ensure they exercise SRH rights. The project methodology and outputs directly contribute to the implementation and realization of Millennium Development Goals (MDGs) 1, 3, 5 and 6 (reduction of poverty, empowerment of women, access to comprehensive RH services, and reduction of diseases like STIs and HIV). The project aims to develop tangible instruments, tools and prototype which will help civil society organizations, government and other stakeholders in adapting these support tools in planning need-based programmes for the future. The project also focuses on strengthening the existing systems within the CSOs, government and communities for the sustainability of the programme.

In first phase of the program, WPF conducted a pioneering research study to ‘Assess SRH Rights situation of young people in Pakistan’. The research findings manifested limited realization of young people’s SRH Rights, extreme discrimination against marginalized communities and has disregarded the assumption that boys/girls are “too young” to need SRHR information and services. Most infringed rights are ‘Right to Education and Information’ and ‘Right to Health Care’. It highlighted the urgent need for building capacity of the education and healthcare systems and advocacy for SRHR-friendly services and policies in Pakistan.

¹ “Target groups” are the groups/entities who will be directly or indirectly positively affected by the project at the Project Purpose level, and “final beneficiaries” are those who will benefit from the project in the long term at the level of the society or sector at large.

For Institutionalisation of SRHR into school system, culturally appropriate SRHR curriculum was finalized in consultation with stakeholders and being implemented through three implementing partners in Karachi (Aahung), Multan (AwazCDS) & Matiari (HANDS) in collaboration with local district governments. The project has trained 66 Master trainers (Male 31, Female 35) in total and 914 teachers (Male 441, Female 473) out of 1200 teachers have received SRHR Education trainings and refreshers from the project. Currently 69,345 students (Boys 24,291, girls 45054) have been enrolled for SRHR education curriculum in 178 public sector high schools out of 270 schools selected in consultation with relevant district governments. About 208 teachers participated in Professional Development Forums (PDF). To oversee project progress and help create an enabling environment, national and district project steering committees are meeting regularly to monitor the progress of the project and reviewing work plans. Web-based M&E system has been upgraded to deal with project planning along with its budget and expenses, and comprehensive project reporting with all M&E tools included in the new system. The advocacy strategy was successfully drafted and launched in national policy advocacy forum and endorsed by the National Project Steering Committee (NPSC). WPF and its partner organizations celebrated various international days as an advocacy tool aimed at inclusion of SRHR protocols in education and health systems. The designing of capacity building manuals for CSOs, healthcare providers and other stakeholders have progressed satisfactorily. All partners successfully signed their MOUs with their respective District health departments for organizing training workshops.

However few results of the project have been delayed for couple of months due to floods in the country. Two project partners i.e. HANDS and AwazCDS devoted their services and resources to respond emergency situation in Sindh and South Punjab while to some extent implementation in Karachi was affected due to flood relief camps set up in schools, consequently extended summer holidays and security situation created due to target killing and political conflicts.

2.2. Activities and results

Result 1

Result 1.1: Mapping and Assessment of SRHR situation in Pakistan as a first country in Asia region through a newly developed and tested assessment tool-Sexual Health Rights Assessment Framework (SeHRAF) contributing to the existing pool of evidence based knowledge available on SRH rights issues in Pakistan with specific and particular focus on young people.

Activity 1: Recruit Project Staff

To operationalize the project efficiently, staff was engaged by WPF and Project Partners through a transparent procedure of advertisements in national newspapers, test/interviews and referrals as per WPF's policy. The project staff was acquainted with the intervention through orientation meetings and project cycle management workshop. A new Project Manager was recruited in February, 2010 when the former project manager went on a one year sabbatical leave for higher studies to Australia. The former Project Manager will rejoin WPF in January 2011 to continue the management of this project.

Activity 2.8: 13.2.2 Generate Final SeHRAF Methodology Toolkit & National SRH Rights Assessment Report by holding 4 dissemination and project launch forums (L.F.A 2.7, 2.8, 5.1)

During the 2009 most of the activities (LFA 2.1-2.6) were accomplished under Assessment phase of the project. WPF initiated and completed the process of drafting Sexual and Reproductive Health Rights Assessment Framework (SeHRAF), which is a tool to assess and monitor Sexual and Reproductive Health and Rights situation of young people in Pakistan. This tool was developed with the technical support of National and International experts' panel and pilot testing. Later on, SRH situation of young people in Pakistan was assessed by interviewing 350 Knowledge bearers at national level and conducting 23 FDGs with primary beneficiaries at district level. The findings were analyzed through quantitative and qualitative analysis and the results led to the development of a national report on the ["Status of SRH Rights of Young People in Pakistan"](#). The report was launched through a national forum in March, 2010 in which a European Union representative and Ambassador of the Kingdom of the Netherlands in Pakistan participated along with representatives from partner organizations, also CSOs and senior policy makers from government and media took part. This report

was produced and disseminated during first quarter of 2010. District Launch Forums of the SRHR research were held in all the 3 targeted districts; Multan 24th December 2009, Matiari on 25th January 2010 and Karachi on 26th January 2010. The [SeHRAF Toolkit](#) is available by clicking the link. This has also been widely disseminated among stakeholders working on SRHR.

Result 2.0: LSBE curriculum converted into rights-framework SRHR Education and piloted in 270 school, converting 1200 teachers into SRHR educators and 150,000 students enrolled with SRHR education

Activity 3: Institutionalization of SRHR (LFA 3)

Institutionalization phase was built on following outputs.

- SeHRAF Toolkit and Methodology
- National SRHR Rights Assessment Report
- New knowledge created and SRHR competencies gained by WPF and its partner organizations.

The focus of the institutionalization efforts was in all three selected districts i.e. Karachi, Multan and Matiari.

Activity 3.1: Institutionalize SRH rights in demand mechanisms of social service: Education

In 2010, WPF focused on public schools system in target districts to educate young people through SRHR education with this aim that it will result in increased demand for SRHR client-centred services through following chain of sub-activities.

Activity 3.1.1: Development of capacity building materials for Rights-driven SRH and its Translation; (LFA 3.1.1)

WPF has developed SRHR teachers manual in light of its experience gained from its prior work on Life Skill Based Education Programme and SRHR issues of Adolescents and young people as well as specifically conducted research on young people for SRH rights through SeHRAF tool. This manual enabled teachers to better understand the SRHR issues of young people and built their capacity to implement curriculum into class room settings when they were trained on it. These manuals were developed into Urdu and Sindhi languages both for girls and boys separately

A preliminary workshop for manual development of Health Care Providers (HCPs) was held in Karachi on 11th December 2009. In the workshop media, Civil Society Organisations (CSOs) and religious leaders were invited to hold the initial discussion on SRHR and identify the need to sensitize stakeholders on SRHR issues. During NPSC meeting held in July 2010, manual development concept was discussed with the members. NPSC suggested linking efforts and strengthening each other using existing potency of the partners. Therefore Aahung took the responsibility of developing Health Care Providers manual along with delivering trainings in 3 districts to build capacity of Health Care Professionals. AwazCDS took the responsibility of developing CSOs manual and delivering training in the 3 targeted districts. Likewise HANDS took the job of developing a manual of sensitizing key stakeholders.

At this moment each IP is working on finalization of these manuals. AwazCDS has conducted one training with 30 members of 15 CSOs in Multan on December 30-31, 2010. Similar training for CSOs is planned in January 2011 with 20 members of 10 CSOs in Matiari district. Furthermore, Aahung has completed drafting a manual on the training of Health Care Providers on non-judgemental youth friendly health services.

Activity 3.1.2, 3.1.3: Develop SRHR Curriculum and its translation into local languages (LFA 3.1.2, 3.1.3)

Due to the sensitive nature of SRHR content and feedback from partners, initially WPF decided to divide this curriculum into two levels, i.e. Life Skills at first level & SRHR at second level with the aim to gradually merge both into one curriculum by the end of 2010. However on the basis of feedback received from partner organizations, members of the national / district project steering committees and local district governments both levels were merged into one curriculum. This has been completed in first half of the reporting year with input from partner NGO(Aahung and sexuality education expert from WPF Head Quarter) WPF engaged its Sexuality Education Advisor, Mr. Jo Reinders from the Netherlands as a consultant for this process. The content of the curriculum were finalized in the light of expertise of Mr. Jo, experts from Aahung and WPF Pakistan in house team,. After finalizing the objective and content of each session in the curriculum the text was shared with partner organizations to seek feedback from local district government, school administration, teachers, master trainers and other relevant key stakeholders from 3 districts. After incorporating the feedback expert designers were engaged to develop illustration and design the curriculum. the designed curriculum was again shared with partner organization to seek feedback from their relevant stakeholders. All IPs shared their feedback with the final approval that led to the process of Sindhi translation and subsequently printing of workbooks.

Separate SRHR education work books containing 18 lessons, were designed and printed for girls and boys in Urdu and Sindhi language. . The content of the curriculum covered the topics on Gender, Puberty, Child Sexual Abuse, Marriage contract, maternal health and many other on SRHR issues. Current curriculum has been approved by respective EDO (Education), Head Masters, Teachers and NPSC. This process was quite intensive and time consuming as it took around 4 months. The final versions of curriculum can be accessed on following link: [Curriculum](#)

Activity 3.1.4: Students Work book printing (L.F.A 3.1.4)

In 2009 total 32,220 work books were printed (Urdu: 24070, English: 80 & Sindhi: 8050). With the development of new SRHR curriculum, new work books were required for 178 old and new schools in Karachi (78), Matiari (53) and Multan (47) with an enrolment of around 69,345 students (Boys 24,291, girls 45054). Accordingly, in the reporting period approximately 68,429 workbooks have been printed - (20,100 Urdu work books for boys and 30,100 for girls; 14495 Sindhi workbooks for boys and 3,734 for girls) and disseminated in the project schools, while rest are in press.

Activity 3.1.5: Signing of MOUs with Implementing Partner NGOs & Project Cycle Management Workshop

As per contract agreement with EU, WPF renewed its MoUs with Health and Nutrition Development Society (HANDS) in Mititari, AwazCDS; Centre for Development Services in Multan and Aahung in Karachi for 2010. The work plans and budgets were mutually agreed with all the partners. The MoUs with implementing partners were signed successfully as per EC guidelines. Moreover, two biannual review and planning meetings were held with all IPs in Islamabad for the project. In addition, a 2 days capacity building workshop was organised with the Implementing partners (project staff) on Project conceptualisation and project Cycle Management in Islamabad in 2009. The meeting was also attended by EU team to share EU guidelines.

Activity 3.1.6 & 3.1.8: Training of Master Trainers (LFA 3.1.6) & WPF-Certified Teachers Training workshops in basic SRHR education (LFA 3.1.8)

Training of Master Trainers and Teachers was a major milestone towards the institutionalization of SRHR education into selected schools of the three target districts. In 2009 WPF conducted capacity building training of 58 Master Trainers selected by implementing partners and district governments on Level 1 curriculum. About 25 of these Master Trainers further provided training to 368 teachers (male 177, female 191) of the selected schools in project districts for implementing the curriculum in these schools.

After developing revised SRHR curriculum WPF designed new trainings on SRHR curriculum. Given that the curriculum contents were more elaborative and needed additional training of the trainers., A 5-days residential Training for the Master Trainers was planned designed and organized in the three

project districts from Sept 28 to Oct 2, 2010 in Karachi. All master trainers were invited to Karachi. The training was mutually conducted by the technical experts of WPF and Aahung. However WPF took a lead in facilitation. A total of 30 participants (16 Females and 14 Males) participated in this training including 8 new MTs. Therefore a pool of 66 Master trainers has been trained through this project so far. The updated list of 66 MTs trained can be viewed at this link: [List of MTs](#).

These master trainers delivered the same training to 546 teachers (male 264, female 282) in 22 separate events of 3 days each from Sep 25 to Oct 28, 2010. These teachers are now providing SRHR education to approximately 69,000 students.

Activity 3.1.7, 3.1.9: Selection of Schools (LFA 3.1.7), Implement SRHR Education into school (LFA 3.1.9)

In 2009 SRHR level 1 curriculum was implemented in 95 schools (Multan: 28, Karachi: 32, Matiari 35) through weekly classes to grade 7, 8 & 9 students having age between 11 to 16 years. In 2009, total 31,179 students studied Level 1 SRHR Curriculum in Karachi, Matiari and Multan. Four schools selected in 2009 (Multan-2, Karachi-2) regretted continuing program into their schools due to frequent closure because of security situation in Karachi and lack of cooperation from the administration in Multan.

Schools were selected by following the project [guidelines](#). Schools, which showed their interest, were invited for a day long Orientation Seminar to provide them information about the project and their role in future implementation. The participants of these seminars were head masters (HMs) of schools. After attending the orientation seminar all HMs were provided with a willingness form to seek their consent for the implementation of the project. In 2010 total 87 new schools were selected through this process with the support of EDO education and as a result of orientation seminar for the implementation of SRHR curriculum; Karachi (48), Matiari (18) and Multan (21). At the moment total 178 schools are onboard.

Since Aahung faced lack of cooperation from administration of few schools in the beginning, they organized a separate two days training for HMs on SRHR content in addition to Orientation Seminar. Keeping in view the socio-political circumstances of Karachi, the additional training session helped in enhancing their cooperation and improving their commitment level in the understanding of SRHR content. Overall, 69,345 students have been enrolled for SRHR education so far. The list of schools can be accessed [here](#).

Activity 3.1.10-3.1.11: Engaging parents and other students into SRHR Education through whole of school activities (LFA 3.1.10, 3.1.11)

Though Parent's involvement in SRHR education has been identified as a significant intervention for the improvement of SRHR status of young people, but it remained a very challenging intervention. In line with guidance from last NPSC meeting and approval of modifications from European Commission review meeting held in June 2010, reverse education was adapted as an alternate strategy to engage parents by exposing parents on one of the contents of SRHR education.

As a result WPF developed 2 stories; one for girls and other for boys. Themes of these stories were extracted from the contents of new SRHR curriculum, which included gender role (boys) and harassment (girls). The Urdu texts of these stories were pilot tested in Karachi with Urban and semi-urban schools setting. On the basis of findings these stories have been revised and Illustrations development is in progress. The final version will be piloted with the selective students' sample of the 3 districts in 2011.

The main idea of WOS is to translate SRHR education's learning into daily life interaction by performing on various SRHR issues thus realizing the pragmatism of the subject. Quiz competition among classes, role plays and sketch designing have been the main components of this activity. A total of 42 Whole-of-School-Activities (Matiari: 23, Multan: 19) in the targeted schools of the 2 districts were conducted till the end of November 2010. Although remaining 50 Whole-of-School-Activities were planned to conduct after summer vacations, but it was delayed due to flood and setting up of

relief camps in the schools till end of September. Afterwards exams scheduled in schools for October and November also contributed in delay..

Through this activity total 34,930 students (Matiari: 30480, Multan: 4450) have been involved and the students enrolled in SRHR programme shared useful information about the utility of SRHR curriculum to their peers and teachers. The guideline of whole of schools and other tools is available on the [link](#). In Matiari 847 parents also participated in this activity.

Activity 13.1.12, 3.1.4: Conduct Professional Development Forums (PDFs) for teachers, Consultation with ministry of Education and PRFs (LFA 3.1.12,3.1.13, 3.1.14)

Until June 2010, five PDFs in Matiari and Four PDFs in Multan in the different clusters were conducted with 208 teachers (Matiari: 118, Multan: 90) as per the project guidelines. In Karachi, IPs were facing lack of cooperation from school administration, therefore Performance Review Forum (PRF) was held on 26th May, 2010 with EDO (education), District Officers and Head Masters of all schools included in the project to ensure timely implementation.

The frequency of PDF and PRF has been revised with approval from NPSC and the European Commission mission. Yet, one PRF has been conducted in Karachi in the reporting period in which 31 HMs participated from new and old schools.

National LSBE Learning Forum was conducted to involve important stakeholders to make collaborative efforts for policy reforms/implementation. Ministry of Youth Affairs in Sindh was contacted for advocacy on SRHR curriculum.

3.2 Institutionalization of SRHR in health care system, leading to effective supply of SRHR friendly healthcare services

After the devolution of Health Ministry Partner organizations signed an MoU with their respective district health departments. This led to capacity building workshops for relevant staff of the Health departments in non-judgmental ethics of service delivery to young people. Total 4 capacity building events will be organized of 2 days each.

3.2.1 Capacity building of healthcare providers (LFA 3.2.1)

After the NPSC meeting held in July 2010, Aahung took the responsibility to develop Health Care Providers manual along with the delivery of the trainings in 3 districts in order to build capacity of Health Care Professionals. An independent MOU was signed between Aahung and WPF to carry out this assignment. At this moment Aahung has drafted a manual for Health Care Providers to train them on non judgemental youth friendly health services. Aahung planned to conduct this training in Matiari district on January 17-18 while rest two trainings will be conducted in the month of February 2011.

Result 1.2: Enabling Environment for SRH Rights

4.1 Exposure Visits (LFA 4.1)

An international exposure visit to Iran is being planned for the stakeholders in 2011 as approved by EU. The nominees for this delegation will include representatives from WPF, implementing partners, media, and parliamentarians. Due to delayed approval from Government of Iran, the visit is expected to be made during the first quarter of 2011, which will be facilitated by UNFPA Iran.

Activity 4.3: Engaging Consultant for developing advocacy strategy

WPF successfully developed its SRHR Advocacy Strategy in 2009, for which the team engaged Ms. Hilde Kroes, Advocacy Officer WPF, Netherlands. The strategy was designed keeping in view the 2010

long term policy objectives. The consultant held consultation with the project staff, partner organizations and other stakeholders for this purpose and drafted project advocacy strategy with WPF team. The draft advocacy strategy was further enriched by engaging Ms. Yvonne Bogaarts, Head of Advocacy from WPF HQs who visited Pakistan in March 2010 and had consultations with all IPs, policy makers, parliamentarians, media and other stakeholders in Karachi and Islamabad. WPF also had a series of consultations with Ministry of Education, Health and Youth at federal and provincial level and relevant CSOs to seek their input to the draft strategy. The final draft was reviewed by the NPSC in December 2010 meeting and has focus on two aspects: (1) the inclusion of SRH Rights into education curriculum; and making health management system responsive to SRHR needs of young people. However in the post 18th amendment scenario advocacy strategy has been aligned with devolution of relevant ministries from federal government to provinces.

Activity 4.2, 4.4: Sensitization trainings, & Organizing National policy advocacy forum (LFA 4.2,4.4)

WPF organized a National LSBE Learning Forum in collaboration with Aahung and Plan-Pakistan on 7th October 2009 with an aim to learn from past LSBE experience and moving forward to the effective implementation of LSBE as now LSBE has been incorporated in the National Education Policy. The SRHR Advocacy Strategy was also launched at the occasion. The Forum was well attended by representative from Ministry of Health, Education, Youth Affairs and Population Welfare, UN agencies, NGOs, Media personal and Implementing Partners of LSBE from across Pakistan. WPF's advisor for sexuality education from the Netherlands especially participated in the forum. Though the activity was planned in 2010, yet this was an appropriate time to advocate for the inclusion of LSBE in the national curriculum, as Government had shown commitment towards incorporating LSBE into national education policy;. The report can be viewed at: [LSBE Forum Report](#)

As a follow up, during 2010, two sensitization events were held in Matiari and Multan, in which total 30 media persons, 70 government officials, and 70 religious leaders have been sensitized on SRHR.

13.5 Visibility and Communication (LFA.5)

13.5.1 Project's display on WPF portal and Website (LFA. 5.3)

WPF has developed a portal and enriched its website by uploading most recent virtual resources and information regarding SRHR of young people. Activities associated with the project are updated on the website. View: [Website](#), [LSBE Portal](#)

13.5.2 Development of Video Documentary on status of SRH in Pakistan (LFA. 5.4)

WPF has also developed a video documentary around research findings, focusing specifically on the most infringed rights and the designed interventions. This documentary was launched at the National Launch of the research in March 2010 with the SRHR Assessment report, which was disseminated among the key stakeholders including, NGOs, INGOs, UN, Implementing Partners, members of National and District Project Steering Committees, and Master Trainers

13.5.3 Design and Bring out E-Greeting cards (LFA. 5.5)

E-greetings were shared with the stakeholders on international days with youth-centric messages. Eight e-greetings were published, including International Women Rights Day, Mother's day, International Youth Day, Father's Day, World Population Day and National women day and International Human Rights Day and World AIDS Day. Implementing Partners are emphasized to share e-greetings with their local contact lists. These greetings can be viewed at: [Solidarity messages](#).

13.5.4 Publication and dissemination of IEC Material (LFA. 5.6, 5.10)

WPF has developed project brochure (Urdu and English), project standee and SRH Rights awareness poster for sharing and disseminating among stakeholders. A thematic 2010 planner has also been developed with illustrations of the 12 IPPF symbolic rights highlighting the outcomes of the SRHR Research. A poster, highlighting the issue of teenage marriages resulting in teenage pregnancies and

its related affects on health of young girls, has been developed by WPF on the occasion of International Mother's Night 2009. A comprehensive SeHRAF research report has also been launched in March 2010 highlighting the outcomes of the SRHR research and has been disseminated widely.

An abstract submitted to XVIII International AIDS Conference, July 2010 held in Vienna was accepted for poster presentation. Accordingly, an electronic poster was submitted for inclusion into conference web-cast. The research study was also shared by the former project manager during the 11th Social Research Conference on HIV, Hepatitis C and Related Diseases held on 8-9 April 2010 in Sydney, Australia. More than 25 SRHR experts, researchers and academicians participated in the forum and appreciated the study.

This is WPF's commitment to keep updating European Commission through its biannual and annual reports. During 2010 WPF has submitted 2 biannual reports and one annual report.

Produce three electronic media programs on selected SRHR theme& Produce Short case studies (5.8, 5.9): WPF, P commemorated the First World Sexual Health Day 2010 in association with the World Association of Sexual Health (WAS) to promote sexual health and an acknowledgement of the need to advocate it in Pakistan. For this, WPF staff participated in a television talk show "The Other Line" on Express 24/7 TV network and on Radio Pakistan talk show "Awaam ki Awaaz"; attended by Country Representative, and programme staff. Moreover, a documentary on SRHR consisting of 4 short case studies is finalized which is available in CD version

13.5.5 E-Newsletter, once each quarter (LFA.5.7)

WPF has released quarterly E-Newsletter among stakeholders titled 'Rights in Focus'. So far seven newsletters have been published and shared with 1,500 contact list members. In 2010 total 4 e-newsletters were released (available on this link: [e-newsletters](#)). Partners are also being asked to share this e-newsletter with their contact list to ensure vast dissemination of the project progress. efforts are being made to gradually enrich the dissemination list to 10,000 by linking with similar other networks and e-groups.

13.6 Human Resource and Organizational Development (LFA. 6)

Activity 6.3-6.4: Staff capacity building through participation in local, regional and international conferences

In 2010 WPF staff participated in the following learning opportunities that opened many avenues of learning and sharing of the project outcomes so far

1. Project Manager (Policy Advocacy) participated in the South Asia Movement building Human Rights institute in Nepal in February, 2010
2. Programme Officer Knowledge Management participated in a training held in Malaysia (14th 18th June, 2010) by Regional Institute on Sexuality, Society & Culture
3. SRHR Research findings were submitted through an electronic poster at the XVIII AIDS Conference in Vienna – July, 2010. The poster can be viewed on the conference [website](#)
4. WPF Program Managers and CR participated in conference "Sexuality under 18", which was held in Amersfort, Netherlands by WPF Head Quarter. WPF Program managers also participated in WPF HQ program evaluation [World Starts With Me (WSWM)] with the financial support of WPF HQ.
5. Program Officer attended a training on "Women movement building and human rights" organized by CREA in Nepal during the month of November 2010.

Carry out exchange visits of staff among partner organizations locally to share their experiences (L.F.A 6.3):

WPF organized one day exposure visit of Master Trainers at HANDS office dated October 1, 2010. These master trainers were from all three districts. This was a good opportunity to expose teachers to 2010

development sector and to make them understand the relevance of their work for the betterment of young people. During the visit Dr. Tanveer and his team briefed them about HANDS history, nature of work and contribution.

Result 1:

Result 1.1 & 1.2:

Activity 7: Monitoring and Evaluation

13.7.1 Formation of National Project Steering Committee- NPSC

As outlined in the proposal, WPF formulized a 'National Project Steering Committee' for bi-annual project progress review, networking and guidance on regular basis, ([list of the members](#)). Two meetings have been organised during the year 2010. Last meeting was held on December 23, 2010. Members were updated on the progress of the project and on Advocacy and Media Strategies as well as Youth Empowerment Services. The detailed minutes can be seen on this [link](#)

13.7.2 Formation and quarterly meeting of District Project Steering Committee-DPSC

At district level, as part of the project commitment, 3 committees (one per district) were formed in 2009 and introductory meetings with the members have been held. DPSC members formally meet on quarterly basis, starting from January, 2010, and help monitoring and evaluating the overall changing status of young people's SRHR in the community. The DPSC meetings are regularly organized by the IPs ([DPSC members' list](#)).

13.7.3 Development of online Monitoring and Evaluation System

The Monitoring & Evaluation (M & E) system developed in 2009 was upgraded by engaging an IT consultant. The upgraded system not only includes all M & E tools, it can also handle planning and reporting of project activities along with expenses, which will be helpful during the analysis of data. All 3 Implementing Partners are using this system by entering project related information including master trainers and teacher's information, work plans, time tables, PDF, PRF, Students Evaluation, monthly reports, and pictures etc. WPF will provide refresher training to IPs in March 2011 for effective use of upgraded M&E system. Internally monthly review of the system takes place by the PME unit and feedback is provided to programme team and WPF, P Management Team for review of progress periodically and on need base. Feedback is also provided during the biannual review and planning meetings with IPs for taking remedial actions

Result 1: Achieved Outputs

- A culturally adapted, contextualized, validated and tested assessment tool SeHRAF with its implementing methodology
- Desk review of the existing situation on SRH rights and policies through review of secondary data sources on the subject.
- Baseline study of National SRHR situation in Pakistan completed through an electronic survey of SRHR Knowledge Bearers from across Pakistan, FGDs and In-depth interviews of SRH experts
- National Report on current status of SRH rights in Pakistan is available
- Specific and in depth analysis of SRH rights status reports of target districts
- Launch/dissemination of National SRHR Assessment Report
- Training manuals to train different stakeholders (drafts are ready, Final are in progress).
- Awareness raising on SRHR in media both electronic and print.
- Trainings and workshops with CSOs. (One event is conducted, rest are planned in January – February 2011.)
- Advocacy seminars and forums with government departments by using "National SRHR Assessment Report".

Result 2: Achieved Outputs

- A culturally sensitive SRHR education Curriculum (Level 1) devised and implemented in schools
- 66 Master trainers and 914 teachers (Male 441, Female 473) are trained as the traditional source of information on SRHR issues and education for young people
- Training manuals for master trainers and teachers and workbooks for students
- 178 schools taken on board for imparting LSBE curriculum.
- Approximately 70,000 Adolescents selected for sensitisation to adopt responsible behaviours through SRHR education
- Mass level awareness among young people within school systems through informed peers as source of providing SRHR information
- Changes in policies of Government of Pakistan
- Trained and capacitated CSOs to initiate, support and expand the SRH projects in target districts.

Result 3: Achieved Outputs

- Enhanced capacity of health management systems contributing to provide SRHR services to young people without discrimination through rights based approach. Additional protocols introduced in the local health management systems to ensure provision of sexual health services to young people.

Expected Outputs:

- Trained and sensitized health care professionals in SRHR-based counseling skills.

2.3. Please list activities that were planned and that you were not able to implement, explaining the reasons for these.

Below are the activities of 2010 which could not be implemented,

- Whole of school (WOS) activities
- Sensitization manual for key stake holders
- Parents engagement

Few results of the project have been delayed for couple of months due to flood in the country. Two project partners HANDS and AwazCDS devoted their services and resources to respond emergency situation in Sindh and South Punjab while to some extent implementation in Karachi was affected due to flood relief camps set up in schools, consequently extended summer holidays and security situation created due to target killing and political conflicts. Remaining WOS activities will be completed in first quarter of 2011. Similarly HANDS & AwazCDS will submit the final draft of sensitization manual and CSOs capacity building manual during first quarter of the project in 2011. Story development task has been completed for Reverse education strategy, which will be implemented with the current badge of students by the end of March 2011.

a. What is your assessment of the results of the Action so far?

During the course of the first year, activities were planned with a keen eye on the outputs and outcomes. Each activity/action has been flowing logically to the next, contributing to the overall objectives of the project.

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Activities (Expected Result 1 (1.1) SRH rights' situation in Pakistan mapped and assessed as a first country in the region)			Assessment	Status/ Justifications
	1	Recruit project staff	As it is a pioneering research, the limited body of literature on SRH issues from Rights perspective was a challenge. During the literature review process, it was observed that not much experience and tools were available in Pakistan to assess the Sexual and Reproductive Health status of young people. Despite sensitivity of the issue and vocabulary limitation and extensive expertise, WPF succeeded in drafting indicators, assessment instrument / prototype and protocols with the help of experts. However, timely feedback from experts was a challenge as they were engaged voluntarily.	Completed as per project work plan
	2	Design and implement SRH rights assessment and monitoring framework (SeHRAF)		
	2.1	Selection of expert /consultant to work on designing of SRH assessment tool, SeHRAF in line with EC / WPF Procedures		Completed as per project work plan Mr. John De Witt was engaged as a consultant to support project staff in conducting research.
	2.2	Create experts' panel for Developing SeHRAF Tool		2 National and 1 International Expert groups were formulated. Details about National and International expert panel can be viewed at: http://www.wfpak.org/html/rdisrhp_eu_panel_n.html http://www.wfpak.org/html/rdisrhp_eu_panel_i.html
	2.3	Hold 2 days consultative Forum for finalization of SRH rights definitions and indicators in local context for incorporating in SeHRAF tool		1 day Forum in Islamabad held on 8 th April, 2009 & Forum in Karachi held on 2 nd May, 2009.
	2.4	Pilot (Email) Testing of SeHRAF model through 30 knowledge bearers from targeted district		Pilot testing with 50 randomly selected knowledge bearers was done through an e-survey.

	2.5	Rework prototype based on pilot test		
	2.6	Full-scale implementation of SeHRAF through national field E-survey (with 300 Respondents), 10 FGDs, and 15 In-depth experts' interviews	<p>Through literature review and various consultations with the consultant and the national and international expert panel, WPF thoroughly contextualized 12 SRH Rights. The Research study on the status of young people in relation to SRHR has given an insight to areas of SRH which need special attention with regard to local dynamics and interventions. WPF assessed the Rights of young people of Pakistan and launched the research report in a national forum. Before the launch, findings of the research were shared with National Project Steering Committee on November 24th, 2009</p>	<p>Full- scale implementation of SeHRAF tool was conducted with 1,000 Knowledge bearers; 280 responses received from e-survey, 70 received from paper and pen survey to ensure rural representation.</p> <p>23 FGDs and 33 In-Depth Interviews conducted</p>
	2.7	Generate Final SeHRAF Methodology Toolkit & National SRH rights' Assessment Report		<p>SeHRAF toolkit developed and finalized and can be assessed at: http://www.wfpak.org/html/rdisrhp_rf.html</p>
	2.8	Hold 4 dissemination and project launch forums (one day each) to share SRH Rights Assessment Report, on Pakistan in Targeted Districts and one at National Level		<p>Completed SRH Rights Assessment report - "Status of SRH Rights of Young People in Pakistan" - was launched through a national forum in March, 2010. Launch was attended the European Union officials, Ambassador of the Kingdom of the Netherlands in Pakistan, and representatives from CSOs, media, and senior policy makers from government. To share the research findings with the stakeholders at district level, District Launch Forums of the SRHR research were held in all the 3 targeted districts; Multan on 24th December, Matiari on 25th January and Karachi on 26th January 2010.</p>
Activities (Expected Result 2)LSBE curriculum converted into	3	Institutionalization of SRHR		
	3.1	Institutionalize SRH rights in demand mechanisms of social service: Education		

<p>a rights-framework SRHR Education & and piloted in 450 schools, converting 1200 teachers into SRHR Educators and 150,000 students enrolled with SRHR education curriculum</p>	3.1.1	<p>Develop capacity building Manuals for rights-driven SRH; 5 manuals for seven different audience and its translation into local language (Urdu) i.e for (Elected Representatives, Government Officials, Media, Religious Leaders, CSOs, Teachers and Students)</p>	<p>Manuals have been developed for master trainers and teachers for a uniform implementation of LSBE curriculum in all schools</p> <p>During Partners Planning and review meeting, held on June 2, 2010, the task for manual development was shared among all IPs. Aahung was entrusted to work on designing Health Care Providers' manual and conduct trainings, whereas AwazCDS to work for CSO capacity building manual and training in each districts. HANDS took up the responsibility for developing sensitization manual for the key stakeholders.</p>	<p>SRHR based LSBE Master Trainer's and Teachers' manual and LSBE Students workbook have been developed, printed and disseminated for implementation in Urdu and Sindhi languages.</p> <p>Aahung has drafted a training manual for Health Care Providers and will be conducting the trainings in all three districts during the first quarter of 2011.</p> <p>AwazCDS has developed the draft manual for CSO capacity building and piloted it in Matiari and Multan.</p> <p>Manual for sensitization of the stakeholders is being drafted by HANDS</p> <p>As endorsed by NPSC, WPF will be working with 'Inter-media' for capacity building of media personal in SRHR in 2011-12 subject to approval from EU.</p>
	3.1.2	<p>Engage Consultant and development of SRHR Curriculum on the basis of SeHRAF SRHR indicators by formation of National Curriculum Advisory Committee (including UNICEF, UNFPA, UNESCO) and others</p>	<p>Initially the curriculum was divided into two levels, i.e. level-1teaching Life Skills, and level-2 covering SRHR. However, on the basis of feedback received from the stakeholders both levels were merged into one. With the inputs from a partner NGO, Aahung and sexuality education experts from WPF HQs</p> <p>The final version of both curricula: for boys and for girls was based on the feedback from respective EDOs (Education), Head Masters, Teachers and NPSC. This process was quite intensive and time consuming and took around 4 months.</p>	<p>Completed</p> <p>Mr. Jo Reinders, Sexuality Education Advisor was taken on board for the development of the curriculum.</p> <p>Designing and printing of the revised SRHR Education curricula [separate for girls and boys] containing 18 lessons was completed in September 2010 with the help of international experts from WPF HQs and Aahung.</p>
	3.1.3	<p>One day consultative workshop with partners for developing SRHR Based Curriculum</p>	<p>Partners were consulted for their critical feedback on the curriculum.</p> <p>The revised curriculum of 18 lessons was developed with inputs from a partner NGO</p>	<p>Completed</p>

			- Aahung.	
	3.1.4	Development and Translation of SRHR Curriculum, (Manuals for teachers and Workbooks for students) into Urdu	Owing to the immense amount of commitment required from the schools to teach two levels of the curriculum, WPF revised the curriculum by merging it into one workbook containing 18 lessons with separate curricula for boys and girls. Revision of the curriculum took about four months and the workbooks (and teachers manuals) were printed and disseminated during Sept Oct 2010	Completed <ul style="list-style-type: none"> This year in addition to Level 1, students' curriculum was developed in English and then translated into Urdu and Sindhi. With the development of new SRHR curriculum, new work books were required. Approximately 68,295 workbooks were printed and disseminated during 2010 -(20,100 Urdu work books for boys and 30,100 for girls); Similarly 18,229 sindhi workbooks (14495 for boys and 3,734 for girls). While, 1000 teacher's manuals were printed and distributed.
	3.1.5	2-days capacity building workshop for implementing staff on Project Conceptualization and Project Cycle Management	WPF signed MoUs with three partners for implementing the project in its three project areas. MoUs were also signed with the district governments in all the target areas for carrying out project initiatives in the project districts efficiently.	Completed Two-day capacity building workshop on Project Conceptualization and project cycle management was conducted at WPF Islamabad office alongside MoU signing with the Implementing partners.
	3.1.6	Conduct three, 4-day WPF-Certified Master Trainers SRHR training workshop for Implementing Partners (IPs)	During the first year of the project, 58 Master Trainers were trained for LSBE level 1 through 3 trainings - Multan 18, Matari 10, and Karachi : 30. However, with the revision of the curriculum, another 5-day Training of Master Trainers was organized for the master trainers of the three project districts.	Completed One 5-day WPF-Certified Training of Master Trainers was organized from Sept 28 to Oct 2, 2010 in Karachi. A total of 30 participants (16 Females and 14 Males) participated in this training including 8 new MTs were trained on SRHR and the new curriculum. Currently there is a pool of 66 WPF certified Master Trainers
	3.1.6.1	Conduct three, 2-day refreshers for Master Trainers of IPs in 2010 & 2011	Refreshers for Master Trainers were planned for 2010 to train them on the level-2. However, after the merger of both levels into one, instead of a refresher, 30 MTs (8 new and 22 old) were trained on the revised curriculum.	Completed WPF conducted one 5-days training for Master Trainers on the revised curriculum.

	3.1.7	Selection of schools by Implementing Partners through organizing 3 School's orientation seminars, one in each district each year.	<p>In 2009 level 1 curriculum was implemented in 95 schools (Multan: 28, Karachi: 32, Matiari 35) through weekly classes to grade 7, 8 & 9 students separately to students aged 11-16 years. Four schools selected in 2009 (Multan-2, Karachi-2) regretted to continue program into their schools due to frequent closure because of security situation in Karachi and lack of cooperation from the administration in Multan.</p> <p>During 2010 88 new schools were selected after giving them an Orientation through a seminar. Karachi (48), Matiari (19) and Multan (21). One orientation seminar was conducted in each district.</p>	<p>Completed as per project work plan.</p> <p>So far, a total of 178 schools are implementing SRHR curriculum into schools.</p>
	3.1.8	Organize 48, 2-day WPF-Certified Teachers Training workshops for over 1200 school teachers and administrator in basic SRHR education	The 30 master trainers delivered LSBE trainings to 564 teachers (264 males; 282 females) in 22 separate 3-day events from Sep 25 th to 28 th 2010.	<p>Completed as per work plan.</p> <p>One Master Trainers training and 22 teachers training have been conducted in 2010.</p>
	3.1.9	Implement SRHR Curriculum into school by trained teachers / SRHR Educators	In 2010, 87 new schools were selected and one-day orientation seminars with school administration were conducted in each district for project briefing.	<p>Progress as planned.</p> <p>Currently the SRHR curriculum is being implemented at the 178 schools by trained teachers to almost 69,345 students.</p>

	3.1.10	Engage parents into SRHR Education once in project life in each targeted school	WPF has attempted to engage parents into SRHR education through multiple activities. Up till now parents were engaged mostly through WoS activities. However, during 2010 the reverse education strategy was adopted for engaging parents into SRHR through theme based stories. Stories were drafted and piloted with students and parents in Dec 2010, and after incorporating the feedback the final stories are currently being illustrated.	Partially done. So far, 8247 parents have been involved into SRHR education through WOS activities. The reverse education stories, drafted and pilot tested with students, which are currently being illustrated and would be pre tested with parents in March and late will be implemented during 2011-12.
	3.1.11	Engage entire Students into LSBE through whole of school activity , once in project life in each targeted school	Through Whole of School activities a total number of 34,930 students (Matiari: 30480, Multan: 4450) were involved in LSBE, while the students enrolled in SRHR programme provided useful information about the utility of SRHR curriculum to their peers and teachers.	Partially done. 42 Whole-of-School activities; 19 in Multan and 23 in Matiari have been conducted so far. WoS activities were delayed due to the floods and setting up of relief camps in the schools. Therefore, the remaining WoS are planned during 2011 after the curriculum is completed.
	3.1.12	Conduct one day Professional Development Forums (PDFs) for Teachers (Total 210 in four years)	The number of PDFs and PRFs has been revised with approval from NPSC and EC mission.	Partially completed (Re-scheduled) Until June 2010 Five PDFs in Matiari and Four PDFs in Multan in different clusters were conducted with 208 teachers (Matiari: 118, Multan: 90) as per the project guidelines. Remaining PDFs will be conducted after the completion of first badge of SRHR education.
	3.1.13	Hold consultations with Ministry Of Education and other stakeholders for curriculum reforms	The National Education and Youth Policy 2009 of Pakistan both have clear reference to LSBE. After conducting a National LSBE learning forum, WPF team carried out policy dialogues in four provinces. The follow up on the outcomes of these policy dialogues will be done during 2011.	Progress as planned. National LSBE Learning Forum, and provincial policy dialogues were conducted to involve important stakeholders to make collaborative efforts for policy reforms/implementation.

	3.1.14	Conduct Performance Review Forums (PRFs) of one day each in Targeted Districts (56 in four years)	PRFs will be conducted once a year after both level 1 and level 2 have been completed by a class. This will help monitor the changes in both the teachers and the students.	Partially completed (Rescheduled) Number of PDFs and PRFs has been revised with approval from NPSC and EC mission. In 2010 1 PRF was conducted. Two PRF are planned in January 2011.
Activities (Expected Result 3)Health Management Systems in three districts becomes responsive to SRH needs of young people (and women) as 150 district health professionals are trained in SRHR-based counseling skills and treatment protocols	3.2	Create client-centered health-care system (leading to effective supply of health service)		
	3.2.1	Conduct 2 days capacity building of healthcare providers on non-judgmental ethics of SRH service delivery. (4 events), 02 in Karachi, one each in Multan and Matiari District	WPF signed an MoU with a partner – Aahung – to carry out this assignment, Aahung has drafted a training manual and a selection criteria for training of health care providers. Aahung will be conducting trainings in all districts by coordinating with each partner. So far, One training of this series was piloted in Matiari.	Partially completed. One HCPs training will be conducted on January 17 th and 18 th in Matiari. Remaining 3 trainings will be conducted in February 2011. In total 150 HCP will be trained through these trainings.
	3.2.2	Create Teacher-Led referral system from schools to healthcare system		Planned for the year 2011 once the HCPs have been trained.
	3.2.3	Establish internet-based referral system		Planned for the year 2011 in connection with HCP trainings.
Activities (Expected Result 1(1.2) Enabling environment for SRHR created.	4	Enabling Environment for SRH Rights		
	4.1	Arrange two exposure visits to South Asia and Europe, each of 5-day duration (meeting of delegates with Euro-Parliamentarians will be ensured)	An international exposure visit to Iran is being planned for the stakeholders in 2011.	Initiated Clearance from UNFPA Iran has been sought, and the visit has been planned to be held in March 2011. Currently, WPF is finalizing the nominations for the delegation with the help of partners.

	4.2	Sensitize 150 elected representatives, 100 government officials, 50 media persons and 50 religious leaders through 3 advocacy forums, one in each district	<p>Due to abolishment of local government system, the engagement of elected representatives has become impossible and meaningless for the implementing partners. However, in order to meet the target additional participants are recruited from other heads.</p> <p>WPF will be working with 'Inter-media' for capacity building of media personal in SRHR in 2011-12 subject to approval from EU</p>	<p>Partially Completed</p> <p>Sensitization seminars with elected representatives and government officials were conducted in Multan and Matiari while Karachi forum will be held in first quarter of 2011.</p> <p>In the two sensitization events held in Matiari and Multan, a total number of 30 media persons, 70 government officials, and 70 religious leaders have been sensitized on SRHR.</p>
	4.3	Engaging Consultant for developing advocacy strategy	<p>Draft Advocacy strategy has been developed and shared with NPSC meeting. The draft strategy will soon be uploaded on the website after incorporating the feedback from NPSC.</p>	<p>Completed</p> <p>WPF engaged Ms. Hilde Kroes in during the first year of the project to develop WPF's Advocacy Strategy. Later on the advocacy team took the charge and has developed specific advocacy strategy for this EU Funded project.</p>
	4.4	Organising National policy advocacy forum for launching advocacy campaign with government and other stakeholders	<p>Policy dialogues were held in four provinces to explore the strategies government is adopting for implementation of the National Education and Youth Policy for promoting LSBE in Pakistan. The input helped enriching WPF advocacy strategy</p> <p>Once the WPF's advocacy strategy is finalized, it will be launched in 2011.</p>	<p>Completed.</p> <p>National LSBE learning forum was organized in Islamabad followed by four Provincial LSBE policy dialogues, which were held in Multan, Karachi, Peshawar and Quetta to initiate policy dialogues with key stakeholders</p>
	4.5	Advocacy Follow ups by NPSC's sub-committee with state (education / health sector , NRB) for inclusion of SRHR into education curriculum and health sector's services and protocols		<p>Planned for 2011-2012</p> <p>Draft is shared with NPSC in December 2010 meeting.</p>

	4.6	Conduct Capacity building of 200 CSO representatives through 2 day training workshop on SeHRAF in targeted districts	AwazCDS drafted the training manual for capacity building of CSO representatives and coordinated with the partners in other districts to conduct the trainings.	Partially Completed CSO capacity building workshops held in two districts (Multan and Matiari) by partner AwazCDS. A total number of 50 representatives from 25 CSOs were trained. However, the number of training workshops has to be increased during 2011 to meet the given target,
Activities (Expected Result 1(1.2) Enabling environment for SRHR created.	5	Visibility and Communications		
	5.1	National Dissemination Forum and launch of SRHR (Pre-Intervention) Assessment Report -2009 (2 Euro-Parliamentarians will be invited) (Ref: Activity 2.8)	The National Dissemination Launch of the SeHRAF report was held in March 2010. And was attended by representatives from EC and EKN. The SRHR Video Documentary was also launched at this forum. Both the report and the documentary were disseminated to the key stakeholders including MTs, Partners, and other INGOs etc.	Completed
	5.2	District Dissemination Forums and launch of SRHR (Pre-Intervention) Assessment Report -2009 (Ref: Activity 2.8)	At district Level, the findings have been shared through district launch forums. All feedback has been incorporated in the National Report.	Completed 3 project launch forums were held in: <ul style="list-style-type: none"> • Multan on 24th December, 2009 • Karachi planned for 26th January, 2010 • Matiari planned for 25th January, 2010
	5.3	Create Project's display on WPF portal and website	WPF has made sure all visibility guidelines are met, keeping also in mind the usability of the information. The following have been achieved: <ul style="list-style-type: none"> • 8 e-greeting cards 	Completed as per project work plan. Can be viewed using the links: Website: http://www.wfpak.org/html/rdisrh_p_eu.html LSBE Portal: http://lsbeportal.wfpak.org/
	5.4	Development of Video documentary on status of SRH in Pakistan		Completed and ongoing activity as planned

	5.5	Design and bring out E-greeting cards and celebrate Mother, Father, AIDS and Intl. Youth days every year as Advocacy Forums on SRH Issues	<ul style="list-style-type: none"> • 8 E-Newsletters • Publication and Dissemination of IEC Material • Biannual and Annual reports 	Progress as planned E-greeting cards can be viewed at: http://www.wfpak.org/html/publications.html#4
	5.6	Publication and Dissemination of IEC Material (Project Folder) containing Project brochure, assessment report, annual planner and video		<p>WPF, P conducted several e-media programs this year;</p> <p>1. Participated in a talk show ‘The Other Line’ on the news channel Express 24/7 to celebrate First World Sexual Health Day 2010</p> <p>2. Radio Pakistan talk show “Awaam ki Awaaz”; attended by Country Representative, and programme staff.</p> <p>3. 2-Radio programs on SRHR in ‘bachon ka 99’ by CR and Program Manager on SRHR issues.</p>
	5.7	Bring out four E-Newsletters, one each quarter		Completed and ongoing activity as planned
	5.8	Produce three electronic media programs on selected SRHR theme, one each from 2010 to 2012		Completed and ongoing activity as planned
	5.9	Produce short 10 case studies including 4 Videos		Completed and ongoing activity as planned A video containing 4 case studies has been produced
	5.10	Furnish Quarterly, biannual and annual reports of the project as per EC Guidelines and its dissemination through website		Completed and ongoing activity as planned
	5.11	Organize 3 SRHR Based LSBE Learning Forums one in each district.		Completed and progress as planned 1 LSBE learning forum held Activity planned for the whole project life. 2 will be conducted in 2011 and 2012

	5.12	National Conference on SRHR in Islamabad in 2012 for sharing and launching post intervention assessment report. Euro-Parliamentarians will be invited		Planned for the year 2012
	5.13	Organize field visits for Euro-Parliamentarians occasionally visiting Pakistan, Donors, Government Officials & Media for Showcasing project results		Planned for 2010-2012
	6	Human Resource and Organizational Development		
	6.1	Capacity building of 6 Staff Members in SRHR Themes from Abroad	Project Manager (Policy Advocacy) participated in the South Asia Movement building Human Rights institute in Nepal in February, 2010.	Progress as planned 4 staff members have been sent on international trainings during 2010.
	6.2	Create international linkages with SRH organizations in Europe and Asia	Program Officer Knowledge Management attended a training in Malaysia (14-18 th June 2010), by Regional Institute on Sexuality, Society & Culture	Progress as planned <ul style="list-style-type: none"> • Dutch NGO forum in Pakistan strengthened • International Expert Panel
	6.3	Carry out exchange visits of staff among partner organizations locally to share their experiences & learning	WPF Program Mangers and CR participated in conference “Sexuality under 18” which was held in Amersfort, Netherlands and was funded by WPF Head Quarter.	Progress as planned A group of MTs visited a partner’s office in Karachi (HANDS)
	6.4	Staff capacity building through participation in local, regional and international conferences	Program Officer attended a training on “Women movement building and human rights” organized by CREA in Nepal during the month of November 2010.	Progress as planned

Activities (Expected Result 1)- (1.1)SRH Rights' situation in Pakistan mapped and assessed as a first country in the region (1.2) Enabling environment for SRHR created.	7	Monitoring and Evaluation		
	7.1	Formation of National Project Steering Committee(NPSC) and District Project Steering Committee (DPSC)	National Project Steering Committee formed and has been meeting biannually to get an update on the project progress and discuss important issues.	Completed List of the members of NPSC and DPSCs can be viewed at: Members List
	7.2	Biannual Meetings of NPSC (8 meetings in 2009-2012)		Progress as planned Four meetings held so far (two during 2010)
	7.3	Development of MER Framework for the Project by engaging a consultant	An online MER system was developed in 2009 and IPs were trained on the use of this system. However, in 2010 the system was upgraded to a better database by engaging an IT consultant. The revised MER system includes all monitoring tools and can handle more data and analysis. Currently WPF is transferring the data from old system to the new one. Refresher trainings will be	Completed The data is being transferred to the upgraded system.

	7.4	2 days Training workshop for partners in web-based M E & R System for running web-based reporting, information gathering and rights' violation reporting mechanism for ongoing right's assessment and for establishing and running SRH Interactive Counselling Database	provided to the partners once the system is ready	Completed IPs will be provided refresher trainings during the first quarter of 2011
	7.5	DPSCs Quarterly Reviews in respective districts, each for one-day (12 DPSC meetings/year- total 36 meetings)	District Project Steering Committee has been formed and meet on quarterly basis,	Progress as planned
	7.6	NPSC releases Annual Monitoring Report on SRH Rights progress through WPF website		Planned for the year 2011
	7.7	Conduct final assessment of SRHR situation and their degree of institutionalization in target districts using SeHRAF prototype in 2012 and bring out report		Planned for the year 2012
	7.8	Convert DPSC into SRH District Task Force and integration into Local Governance System through government notification and conversion of National PSC into 'National Task Force on SRHR		Planned for the year 2012
	7.9	Conduct mid-term evaluation of the project		Planned for the year 2011
	7.10	Conduct final external evaluation of the project		Planned for the year 2012

	7.11	Monitoring visits by WPF-P Team and WPF Head Quarters (one 5 days visit of 2 persons)	<p>During their visits to the Pakistan representatives from WPF HQs carried out monitoring visits to the project districts with WPF, P team. In 2010 three such visits were conducted</p> <ul style="list-style-type: none"> • March: WPF Pakistan team and Ms. Dianda Veldman (Director) • March: WPF Pakistan team and Mr. Henk Rolink (Manager International Programmes) • May: WPF, P team with Ms.Yvonne Bogaarts 	Planned for the year 2011
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Updated Implementation work plan for the year 2 - 4

Code as per LFA	Activity	Year 3		Year 4		Resp.	Comments / Justification
		Semester		Semester			
		5	6	7	8		
3.1	Institutionalize SRH rights in demand mechanisms of social service: Education						
3.1.4	Printing of Student's workbooks (MT and Teachers guides also)					WPF	The cost of the activity has gone up due to following reasons 1-Inflation 2-Need based revision in the curriculum
3.1.6	Conduct three, 2-day refreshers for Master Trainers of IPs in 2010 & 2011					WPF	The cost of the activity has gone up due to following reasons 1-Inflation (increase in travel cost, DSA and accommodation) 2-Due to need based revision in curriculum, and to ensure consistency in project activities the training workshops for master trainers have to be organized once again
3.1.7	Selection of schools by Implementing Partners through organizing 3 SRHR Education orientation seminars, one in each district each year.					WPF/IP	During project implementation it was observed that in Karachi, half day orientation sessions are not enough for taking schools on board. To enhance cooperation of the principals a two day training workshop is proposed for principals in District Karachi only.
3.1.8	Organize 28, 2-day, WPF-Certified Teachers Training workshops for over 720 school teachers and administrator in basic SRHR education					IP	The cost of the activity has gone up due to following reasons 1-Inflation (increase in travel cost, DSA and accommodation) 2-Due to need based revision in curriculum, and to ensure consistency in project activities the refreshers for old teachers have to be organized besides organizing training workshops for new teachers 3-To ensure strong and quality teachers-led

							referral system for students who seek support from healthcare providers, 3-4 extra training workshops are proposed for selected teachers from within trained batch of SRHR educators (2 in Karachi, 1 in Multan & 1 in Matiari). The need of these trainings emerged during implementation of the project
3.1.9	Implement SRHR education into schools by trained teachers / SRHR Educators					IP	
3.1.10	Engage parents into SRHR Education once in project life in each targeted school					IP	It was observed that parent's turnout was quite low. To meet the target, RutgersWPF and its Implementing partners have worked out on a new parent's engagement strategy i.e. Reverse Education Methodology. The new strategy has its cost implications as well, which will be met from savings made under other project heads.
3.1.11	Engage Entire Students into SRHR Education through whole of school activity , once in project life in each targeted school					IP	
3.1.12	Conduct one day Monthly professional Development Forums (PDFs) for teachers (180 in 2010-2012)					IP	Due to inflation factor (increase in travel and food cost), a slight increase in budget of this activity is proposed).
3.1.14	Conduct Quarterly Performance Review Forums (PRFs) of one day each in Targeted Districts (48 in 2010-2012)					IP	Due to inflation factor (increase in travel and food cost), a slight increase in budget of this activity is proposed)
3.2	Create client-centered health-care system (leading to effective supply of health service)						
3.2.1	Conduct 2 days capacity building of healthcare providers on non-judgmental ethics of SRH service delivery. (4 events), 02 in Karachi, one each in Multan and Matiari District					WPF/IP	The activity had actually been planned in 2010 and are going on in 2011
3.2.2	Create Teacher-Led referral system from schools to healthcare system					WPF/IP	
4	Enabling Environment for SRH Rights						

4.1	Arrange two exposure visits to South Asia and Europe, each of 5-day duration (meeting of delegates with Euro-Parliamentarians will be ensured)					WPF	To save money for other program activities and due to increase in travel cost for Europe, only one visit for Iran is proposed
4.2	Sensitize 150 elected representatives, 100 government officials, 50 media persons and 50 religious leaders through 3 advocacy forums, one in each district					WPF/IP	The activity had actually been planned in 2010 and are going on in 2011
4.5	Advocacy Follow ups by NPSC's sub-committee with state (education / health sector , NRB) for inclusion of SRHR into education curriculum and health sector's services and protocols					WPF/IP	
4.6	Conduct Capacity building of 200 CSO representatives through 2 day training workshop on SeHRAF in targeted districts					WPF/IP	The activity had actually been planned in 2010 and are going on in 2011
5	Visibility and Communication						
5.5	Design and bring out E-greeting cards and celebrate Mother, Father, AIDS and Intl. Youth days every year as Advocacy Forums on SRH Issues					WPF/IP	
5.6	Publish other IEC Material e.g. issue based posters, annual planner, certificates, souvenirs, T-Shirts for young people etc					WPF/IP	
5.7	Bring out four E-Newsletters, one each quarter, every year during 2010-2012					WPF	
5.8	Produce 3 Electronic media programmes on selected SRHR themes, one each from 2010 to 2012					WPF /IP / Consultant	To further enhance project's and EU's visibility and to ensure its ownership within media, a comprehensive strategy is proposed, which would have following main components 1-Media Mapping 2-Development of Toolkit for media capacity building 3-Media Capacity Building in each project's districts 4- Production of Media Programs 5- Media Excellence Awards
5.9	Produce short10 case studies including 4 Videos					WPF/IP	

5.10	Furnish Quarterly, biannual and annual reports of the project as per EC Guidelines and its dissemination through website					WPF/IP	
5.11	Organize 3 SRHR Learning Forums one in each district.					WPF/IP	
5.12	National Conference on SRHR in Islamabad in 2012 for sharing and launching post intervention assessment report. Euro-Parliamentarians will be invited						
5.13	Organize field visits for Euro-Parliamentarians occasionally visiting Pakistan, Donors, Government Officials & Media for Showcasing project results					WPF	
6	Human Resource and Organizational Development						
6.2	Create international linkages with SRH organizations in Europe and Asia					WPF	
6.3	Carry out exchange visits of staff among partner organizations locally to share their experiences.					WPF/IP	
6.4	Staff capacity building through participation in local, regional and international conferences					WPF	
7	Monitoring & Evaluation of SRHR Action						
7.2	Biannual Meetings of NPSC (6 meetings in 2010-2012)					WPF	
7.3	Development of MER Framework for the Project by engaging a consultant					WPF	System Upgrade: additional components added; transfer of data to be completed by Feb. 2011
7.4	2 days Training workshop for partners in web-based M E & R System for running web-based reporting, information gathering and rights' violation reporting mechanism for ongoing right's assessment and for establishing and running SRH Interactive Counselling Database					WPF	A one day refresher of already done activity is proposed to implement revisions carried out in web-based M& E framework
7.5	DPSC's Quarterly Reviews in respective districts, each for one-day (12 DPSC meetings/year- total 36 meetings)					IP	After the 18 th constitutional amendment and delegation of ministries of Education and Health from National level to Provincial level, the need

							has emerged to develop a monitoring and follow up mechanism at provincial level. The activity has also been recommended by NPSC in its meeting held in December 2010. Additional resources are proposed to be allocated for formation and regular biannual meeting of 02 Provincial Project Steering Committees
7.6	NPSC releases Annual Monitoring Report on SRH Rights progress through website					WPF	A one day refresher of already done activity is proposed to implement revisions carried out in web-based M& E framework
7.7	Conduct final assessment of SRHR situation and their degree of institutionalization in target districts using SeHRAF prototype in 2012 and bring out report						
7.8	Convert PSC into SRH District Task Force and integration into Local Governance System through government notification and conversion of National PSC into National Task Force.						
7.9	Conduct mid-term evaluation of the project					WPF /EC	WPF proposes to make it more comprehensive by adding component of carrying out baseline for measuring knowledge level of ultimate beneficiaries of the project i.e. students and teachers regarding SRHR
7.10	Conduct final external evaluation of the project						
7.11	Monitoring visits by WPF-P Team and WPF Head Quarters (one 5 days visit of 2 persons)					WPF-P / WPF HQ	

3. Partners and other Co-operation

a. How do you assess the relationship between the formal partners of this Action (i.e. those partners which have signed a partnership statement)? Please provide specific information for each partner organisation.

WPF initially proposed to implement the project in collaboration with local partners i.e. Health and Nutrition Development Society (HANDS) in Matiari, Awaz Foundation; Centre for Development Services in Multan and PAVHNA in Karachi. The MoUs were signed as per EC project implementation guidelines, with implementing partners, however, during the second quarter an addendum was finalized for taking Aahung as an implementing partner instead of PAVHNA w.e.f. Oct 2009. It was decided because PAVHNA had severe organizational management crisis.. The work plans and budgets were mutually agreed with all the partners. Throughout the year, all implementing partners have been very supportive and cooperative, managing district activities and in seeking technical input from WPF. The capacity of partners has also been built through various trainings and orientations.

Following is a brief description of the implementing partner organizations:

HANDS is running its Adolescent health and life skill project in 21 Government Boys and Girls Schools of District Matiari in collaboration with Education department, Government of Sindh. HANDS has been a credible LSBE partner for the last seven (7) years.

AwazCDS Pakistan has been working in partnership with WPF since April 2008 and advocates for harnessing the potential of adolescents and young people through LSBE in District Multan. AwazCDS has its presence in District Multan, Muzaffargarh, DG Khan and Vehari. AwazCDS-Pakistan is implementing this project in District Multan.

Aahung has been successful in developing relevant strategies to respond to the Sexual Health needs of Pakistani population. Moreover, Aahung has had success in bringing attention to sexual health issues and concerns in medical and educational institutions across Pakistan. Aahung is implementing this project in District Karachi since October, 2009.

b. How would you assess the relationship between your organisation and State authorities in the Action countries? How has this relationship affected the Action?

During first year of the project, WPF and its implementing partners successfully signed MOUs with education departments in District Karachi, Matiari and Multan for implementing education component of the project for next three years of the project. For this purpose, several meetings were held with relevant officials of City District Government including, City Naib Nazim, District Coordinating Officer, Executive District Officer Education and Health. The MoUs with District governments can be reviewed at http://www.wfpak.org/html/rdisrhp_eu.html.

The government officials are proactively engaged in various advocacy initiatives i.e. celebration of international days, district forums and launch of research study etc.

The representatives from Ministry of education, health, population welfare and youth have nominated their representatives for participation in project's national project steering committee (NPSC). Similarly, relevant local authorities of these ministries have been engaged in district project steering committees (DPSCs) in all project areas.

The partnership with state authorities has brought positive results for the project. It has enabled WPF and our partner organizations in smooth execution of program at national and district levels. During the course of the research, it was realized that issues related to SRHR are stigmatized and thus to implement project activities in the rural, semi urban and urban districts of Pakistan, it was deemed important to focus on the overall objective of the project which is adolescent/young people development. The steering committee and district governments also suggested renaming the project for wider acceptability. Through a consultative process with stakeholders, EU, project steering committee and partners, WPF went through a name storm and finalized "Hamara Kal" as the project

tile. This will enable effective advocacy without any hindrances with the government over the use of “SRHR”.

During implementation of education component in District Karachi, our local partner Aahung was facing cooperation issues in terms of organizing orientation sessions for school heads. The issue was amicably resolved due to timely intervention of District Education Department.

c. Where applicable, describe your relationship with any other organisations involved in implementing the Action:

During the reporting period, WPF, Pakistan office kept close collaboration with its HQs in the Netherlands and received support in the development of its SRHR training manuals and workshops and Advocacy strategy. WPF Headquarters has always been supportive in providing adequate help to WPF Pakistan.

As per the grant contract, Master Trainers and Teachers have been trained for imparting LSBE education in selected districts. These Master Trainers and Teachers are an asset to WPF and support the organisation in taking its mission forward.

WPF also work closely with other like-minded organisations and networks like Family Planning Association of Pakistan, Plan Pakistan, LDM, Aahung, PAPAC (Pakistan Post Abortion care), City Institute of Image Management (CIIM) Karachi and Inter media to advocate for SRH Rights.

WPF collaborated with University of New Southwales Australia for conducting its pioneer national level research to assess status of SRH Rights of Young People in Pakistan in 2009. The university also facilitated launch of research in one of its international conference on Sexuality and HIV-AIDS held in April 2010 in Sydney. During the research process, WPF got technical support from Population Council and SDPI and developed an international panel of like-minded organizations i.e. TARSHI India, GAYA Nusantara Indonesia, Institute of Gender and Sexuality Renmin University China, BRAC University Bangladesh And some other independent consulting firms who helped in finalization of research tool and review of findings.

d. Where applicable, outline any links and synergies you have developed with other actions.

WPF organized a National LSBE Learning Forum in collaboration with Aahung and Plan-Pakistan during the first year of the project (7th October 2009) with an aim to learn from past LSBE experience and move forward towards the effective implementation of LSBE now that LSBE has been incorporated in the National Education Policy. The Forum was well attended by representative from ministry of Health, Education, Youth Affairs and Population Welfare, UN agencies, NGOs, Media personal and Implementing Partners of LSBE from across Pakistan. WPF’s advisor for sexuality education from the Netherlands especially participated in the forum. The activity had been initially planned for the next years, however due to Government’s initiative of incorporating LSBE into national education policy; it was appropriate time to advocate for the inclusion of LSBE in the national curriculum. The report can be viewed at: *View: http://www.wfpak.org/downloads/LSBE_Forum_2009_Report.doc*

WPF and Plan-Pakistan initiated the development of National Adolescent development Policy Framework in 2009. The document looks over the overall well being of the adolescents and how its various aspects can be translated into policy actions. This advocacy document will serve as a guideline to advocate to adolescents of Pakistan with respect to rights, health, education, crisis and livelihood. This will therefore in the broader spectrum contribute to improve the lives of adolescents of Pakistan.

WPF also synergized the potential of our partner organizations, which was also identified during an Organizational Capacity Assessment (OCA) for one of its project that is funded by PSO-Head Quarter. AwazCDS has a major strength of advocating SRHR with CSO, HANDS has worked with multiple stake holders to sensitize them on SRHR theme, while Aahung being an SRHR organization has built the capacity of multiple Health Care Providers. WPF utilized the same potential and delegated the responsibility of sharing the same skills and building the same capacity of stakeholders

in other districts. Right now each IP is responsible in their respective capacity. AwazCDS, Aahung, HANDS will build the capacity of CSOs, other stake holders and Health Care Providers respectively.

During 2010, WPF also celebrated two international days under Hamara Kal project in collaboration with other organizations: International Youth Day was celebrated in collaboration with Plan International, Save the children Alliance and WPF Head Quarter; first ever World Sexual Health day was celebrated through participating in electronic media broadcasts. The world Sexual Health day was organized in collaboration with World Association for Sexual Health (WAS).

- e. **If your organisation has received previous EC grants in view of strengthening the same target group, in how far has this Action been able to build upon/complement the previous one(s)? (List all previous relevant EC grants).**

This is WPFs first EC grant since its inception.

4. Visibility

How is the visibility of the EU contribution being ensured in the Action?

During the reporting period, WPF has largely focused on the visibility of the project and European Union in line with visibility guidelines. For this purpose, following initiatives were taken.

Project and EU Visibility on WPF's Website http://www.wfpak.org/html/rdisrhp_eu.html
Activities associated with the project are updated on the website regularly. A dedicated project page has been created on the website which acknowledges EC's commitment to Pakistan's progress and support to the programme.

Newsletters can be viewed at: http://www.wfpak.org/images/EU_1stquarter_09.JPG

WPF has initiated development and dissemination of quarterly E-Newsletter among stakeholders titled 'Rights in Focus'. So far four (4) newsletters have been published; the last e- newsletter of the year was published in December 2010.

IEC- Project Brochure & IEC Material http://www.wfpak.org/pdfs/EU_brochure.pdf

WPF has developed project brochure (English, Urdu & Sindhi), project standee and SRH Rights awareness poster for sharing and disseminating among stakeholders. A thematic 2010 planner has also been designed with illustrations of the 12 IPPF symbolic rights and findings from the research have been incorporated in the form of bar charts in the Yearly Planner 2010. These publications reflect on the possible outcomes and strategies of the project for achieving its goals.

News coverage http://www.wfpak.org/html/rdisrhp_eu_media.html

The news coverage of all activities associated with the project has been uploaded on WPF and Partners websites. Both WPF and its implementing partners keep the media engaged for wider dissemination of the project message and creating interest of the community.

Picture Gallery http://www.wfpak.org/html/rdisrhp_eu_gallery.html

Pictures of all activities associated with the project have been captured through pictures. These pictures are also part of implementing partners website. This enhances project interest of various stakeholders

For details please refer to Activity 5.3-5.7

The European Commission may wish to publicise the results of Actions. Do you have any objection to this report being published on Europe Aid Co-operation Office website? If so, please state your objections here.

No.

Name of the contact person for the Action: Mr. Qadeer Baig

Signature:

Location: World Population Foundation, Pakistan

Date report due: February 2010

Date report sent: 10th February 2010