

## INTERIM NARRATIVE REPORT

### 1. Description

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- 1.1. Name of beneficiary of grant contract: **World Population Foundation, NL**
- 1.2. Name and title of the Contact person: Mr. Qadeer Baig, Country Representative
- 1.3. Name of partners in the Action:
  - 1.3.1. Awaz Foundation Pakistan; Centre for Development Services
  - 1.3.2. Health and Nutrition Development Society (HANDS)
  - 1.3.3. Aahung
- 1.4. Title of the Action: **Rights Driven Institutionalization of Sexual and Reproductive Health in Pakistan**
- 1.5. Contract number: **DCI-NSAPVD/2008/171-425**
- 1.6. Start date and end date of the reporting period: **1<sup>st</sup> January to 31<sup>st</sup> December 2009**
- 1.7. Target country(ies) or region(s): **Pakistan**
- 1.8. Final beneficiaries &/or target groups<sup>1</sup> (if different) (including numbers of women and men):

The target group of the project are young people of Pakistan. More specifically the direct beneficiaries of 4 year project will reach up to 153,000 young people , particularly girls , 1200 Teachers, 150 Health Professionals, 100 CSOs, 50 Media Representatives, 150 Elected Representatives, 100 Government Officials, 50 Religious Leaders, 150,000 Parents. In all, the project will benefit about 1,000,000 young people.
- 1.9. Country(ies) in which the activities take place (if different from 1.7): **Pakistan**

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<sup>1</sup> “Target groups” are the groups/entities who will be directly or indirectly positively affected by the project at the Project Purpose level, and “final beneficiaries” are those who will benefit from the project in the long term at the level of the society or sector at large.

## **2. Assessment of implementation of Action activities**

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### 2.1. Executive summary

World Population Foundation (WPF) initiated the project from January 2009 with an aim of improving Sexual and Reproductive Health and Rights status of young people in Pakistan. The project adopted three pronged approach – AIM: Assessing status of SRHR, Institutionalising SRHR in Demand and Supply Mechanism & Monitoring of SRHR Situation resulting due to institutionalisation.

For Assessment, WPF team developed and finalised a culturally adapted, contextualised and validated assessment tool “Sexual Health Rights Assessment Framework” (SeHRAF) in consultation with the National and International Experts panel and an international consultant. This pioneering baseline research study on ‘Status of Sexual and Reproductive Health and Rights in Pakistan’ has been completed in year 2010 and formed basis of project intervention in project districts – Karachi, Multan and Matiari. This research study, SeHRAF Tool and Guidelines will help design and conduct similar research in Pakistan and similar situation abroad in the field of SRHR. The finding of the research has been appreciated by SRH experts, implementing partners, CSOs and media.

For project institutionalisation, three implementation partners along with local district governments implementing culturally sensitive SRHR Level 1- Life Skill Based Education, curriculum in selected schools with support from Master Trainers and teachers capacitated by WPF. LSBE teacher’s manuals and Students curriculum developed in consultation with various stakeholders has been accepted by government, schools and communities and being taught in selected schools. Keeping in view the sensitivities, feedback from partners and experience of working on similar project in past, WPF has distributed the curriculum in two levels. Drafting of curriculum level 2 (SRH) guided by SRHR Research is progress.

Hamara Kal (Slogan for the project), has achieved many milestones which can support successful implementation of the project. As a result of successful advocacy by WPF with support from partners NGOs and UN agencies working on the issues of SRH in Pakistan, National Education and Youth Policies approved by Government of Pakistan in 2009 has included LSBE for young people. This set the pace for this project to advocate for implementation of these policies in Pakistan in coming year.

## 2.2. Activities and results

### *Result 1*

***Result 1.1: Mapping and Assessment of SRHR situation in Pakistan as a first country in Asia region through a newly developed and tested assessment tool-Sexual Health Rights Assessment Framework (SeHRAF) contributing to the existing pool of evidence based knowledge available on SRH rights issues in Pakistan with specific and particular focus on young people.***

#### **Activity 1: Recruit Project Staff**

To operationalize the project efficiently, new staff was engaged by WPF and Project Partners through a transparent procedure of advertisements in national newspapers, test/interviews and referrals as per WPF's policy. WPF has also completed the process of purchasing equipment and supplies for itself and its partners in line with EU and WPF's procurement guidelines. WPF team visited all the partners and three conceptualization meetings were held with CEOs and relevant staff, to orient them on the project and develop a consensus on the approach (work plan) and financial resources. For the sake of transparency and ownership of the project, hard and soft copies of the project documents were shared with the three partners.

#### **Activity 2: Design and implement SRHR assessment and monitoring framework**

##### **Activity 2.1-2.2: Selection of expert/consultant and create experts panel to work on designing of SRH assessment tool, SeHRAF**

During the first quarter, WPF initiated the process of drafting Sexual and Reproductive Health Rights Assessment Framework (SeHRAF), which is a tool to assess and monitor Sexual and Reproductive Health and Rights situation of young people in Pakistan. As a first step, two National and one International Expert Groups were formulated which included relevant individuals and organizations having focus on SRH and social research, including major NGOs working on SRH, Government institutions and Ministries, and UN Agencies. WPF formed National and International panels of experts to advice and contribute to SRHR Research, agreeing principally to contribute on voluntary basis. Simultaneously, WPF engaged an International (Dutch) Consultant Mr. John de Wit (MSc, PhD), Professor University of New South Wales, Australia, who worked with WPF team in drafting definitions, contextualizing SRH Rights in local context and finalizing research methodology, electronically and by visiting Pakistan twice this year. The CV of the consultant can be viewed at: [http://www.wfpak.org/html/rdisrhp\\_eu\\_consultant.html](http://www.wfpak.org/html/rdisrhp_eu_consultant.html).

One of the important components of the SRHR Research (baseline) was the literature review, to learn from other experiences and researches. During the reporting period, the research team scrutinized 21 global, 23 regional and 3 national publications having relevance / evidence of SRH assessment. . Besides analysis of primary and secondary sources, international organizations working on SRH Rights were contacted through emails to get their facilitation in searching relevant factual sources. Each of the SRH Rights was reviewed, keeping in the view, existing laws and legislation, Government policies, resources / budgetary allocations and practices / services provided by Government and NGOs. The draft of the literature was shared with the expert group for their feedback and can be accessed at [http://wfpak.org/html/rdisrhp\\_eu.html](http://wfpak.org/html/rdisrhp_eu.html).

WPF team, in light of input from the consultant and Expert Group, developed and finalized the research methodology/framework reflecting on the objectives, methodology, variables, respondents and contents of SeHRAF tool. Tool can be assessed using weblink: [http://www.wfpak.org/html/rdisrhp\\_rf.html](http://www.wfpak.org/html/rdisrhp_rf.html)

##### **Activity 2.3: Consultative Forum for finalization of SRH rights definitions and indicators in local context for incorporating in SeHRAF tool**

Two consultative forums, one in Islamabad and the other in Karachi were held to review the SRH Rights and research framework. The consultant, Mr. John De Witt facilitated the forum held at

Islamabad on April 08<sup>th</sup>, 2009 while Country Representative Pakistan for WPF facilitated the forum held at Karachi on May 02<sup>nd</sup>, 2009. The twelve rights frameworks developed by International Planned Parenthood Federation (IPPF) in 1994 and 2008 were debated in detail for contextualization. Alongside the feedback received from the experts, the indicators were further refined. This forum facilitated WPF improve research indicators to substantiate research framework and ultimately the project interventions in the target districts.

As a follow up to consultative forums, the research framework was revised and SRH Rights definitions were contextualized in the national context. The revised framework was then shared with the experts, who suggested indicators around each SRH Right. To contextualize and devise indicators around such a tabooed and sensitive subject and to deal with diversity of opinion were major challenges in this process. Moreover, lack of appropriate language, vocabulary and expertise on SRHR issues, were also found to be challenging for the project team. However, through a consistent follow up maximum input was gathered from the experts and draft research tool was developed on the basis of indicators approved by the expert panel. Draft tool can be viewed at: <http://www.wfpak.org/html/esurvey/>

#### **Activity 2.4-2.6: Implementation of SeHRAF Tool**

Next phase was the implementation of SeHRAF Tool. WPF developed a list of at least 1,000 Knowledge Bearers of SRHR, who had knowledge about SRH issues and experience of working with young people from across Pakistan.

After pilot testing with 50 randomly selected knowledge bearers, an e-mail invitation was then sent out to these Knowledge Bearers for the full scale launch of the e-survey. The electronic invitations lead to 280 responses. In addition, paper and pen version of the questionnaire was shared with Knowledge Bearers across Pakistan to support rural representation, resulting in an additional 70 respondents. Accordingly, a total of 350 Knowledge Bearers participated in the survey. Qualitative insights were gathered through 23 Focus Group Discussions FGD(s) at national and district level. The findings were also supported and validated by 33 In-Depth Interviews with the SRH experts and key stakeholders in seven districts of Pakistan.

The findings of research were shared in a Technical Review Meeting/Forum which was held on 24<sup>th</sup> November, 2009 in Islamabad. In all, 33 participants including SRHR experts, and members from National Project Steering Committee (NPSC) from across Pakistan attended the forum. The initiative was commended for supporting otherwise well-known infringements of Sexual and Reproductive Health and Rights with empirical evidence and providing a framework for analyzing the same in future. The suggestions of the participants were well noted and will be addressed in the final draft of the SRHR research before its formal launch in March 2010.

#### **Activity 2.7: Generate Final SeHRAF Methodology Toolkit & National SRH Rights' Assessment Report**

After extensive feedback from both the national and international panel of experts, the SeHRAF toolkit has been developed and finalized. The SeHRAF toolkit will be made available to all the stakeholders working on SRHR. The findings and results will lead to development of 'National SRH Rights Assessment Report-2009', to be launched in March, 2010. The report will provide basis for more well-organized intervention in health and education sector to improve SRHR situation of young people in Pakistan.

#### **Activity 2.8: Launch of SRHR Research**

To share the research findings with the stakeholders at district level, District Launch of the SRHR research were scheduled for December 2009. The SRHR Research findings were shared in Multan on 24<sup>th</sup> December 2009. The launch in Karachi and Matiari has been postponed to January 2010 because of security situation in Sindh Province. The district launch in Multan was well attended (61 participants) by government, media and CSO representatives. The focus of the forum was district

findings of the status of SRHR of young people, with comparative analysis with those of the National. Participants appreciated the work of both WPF and its partners for pioneering such a research on issues of SRHR of young people in Pakistan. The launch has been rescheduled for 25<sup>th</sup> and 26<sup>th</sup> January 2009 for Matiari and Karachi, respectively.

A national forum will be organized in the first quarter of 2010 in Islamabad in which European Parliamentarians will also be invited along with EC Ambassador in Pakistan, CSOs, senior policy makers from government and media. This forum will not only be used as research launch but also act as an advocacy effort to create a supportive environment for smooth implementation of the project at political level and ensure visibility of the project.

***Result 2.0: LSBE curriculum converted into rights-framework SRHR Education and piloted in 450 school, converting 1200 teachers into SRHR educators and 150,000 students enrolled with SRHR education***

### **Activity 3: Institutionalization of SRHR**

#### **Activity 3.1: Institutionalize SRH rights in demand mechanisms of social service: Education**

##### **Activity 3.1.1: Develop Capacity Building Manuals for Rights-driven SRH**

WPF has developed SRHR based LSBE teachers manual in light of its experience gained from its prior work on Life Skill Based Education Programme and SRHR issues of Adolescents and young people. This manual enabled teachers to better understand the LSBE curriculum when they were trained on it.

A preliminary workshop for manual development was held in Karachi on 11<sup>th</sup> December 2009, where media, Civil Society organisations and religious leaders were invited to hold the initial discussion on the development of capacity building and sensitisation manuals. Taking this discussion forward for sensitizing the external environment outside of schools, five different manuals will be prepared for CSO(s), government officials, elected representatives, media representatives, health professionals and religious leaders. These manuals will later on be translated into local languages for wider dissemination and understanding. These sensitization manuals are expected to help creating a supportive environment for practicing SRH Rights. Furthermore, Capacity Building Manuals for CSOs and Health Care Professionals will also be developed, to build capacities of individuals to deliver non-judgemental services to the youth.

##### **Activity 3.1.2-3.1.4: Development of SRHR Curriculum on the basis of SeHRAF SRHR indicators**

WPF initiated the process of developing SRHR based LSBE Curriculum during the first quarter (Student's workbooks) in light of its knowledge gained from its previous experience of working on Life Skill Based Education Programme and SRHR issues of adolescents and young people. The curriculum contents were revised in consultations with UNICEF, UNFPA, Ministry of Education and other CSOs. WPF engaged its Sexuality Education Advisor, Mr. Jo Reinders from the Netherlands as a consultant for this process. Illustrations/Characters were introduced in the curriculum which students will definitely relate to. The illustrations were also shared with the partners for their critical input. The curriculum has been translated into three languages, English, Urdu and Sindhi and 33000 workbooks (including 25000 Urdu and 8000 Sindhi Workbooks) and about 400 teachers training manuals were published.

##### **Activity 3.1.5: Signing of MOUs with Implementing Partner NGOs & Project Cycle Management Workshop**

As per contract agreement with EU, WPF proposed to implement the project in collaboration with Health and Nutrition Development Society (HANDS) in Mitiari, Awaz Foundation, Centre for Development Services in Multan and Aahung in Karachi. During the second quarter an addendum was finalized for taking Aahung as an implementing partner instead of PAVHNA w.e.f Oct 2009. The work plans and budgets were mutually agreed with all the partners. The MoUs with implementing partners were signed successfully as per EC guidelines. Moreover, a 2 days capacity building workshop was organised with the Implementing partners (project staff) on Project conceptualisation and project Cycle Management in Islamabad. The meeting was also attended by EU team to share EU guidelines.

### **Activity 3.1.6: WPF-Certified Master Trainers SRHR Training Workshop**

WPF's implementing partners selected potential Master Trainers in their target districts for building their capacity as SRHR Education Master Trainers. These Master Trainers will work as a source for further capacity building of teachers of selected schools during the project period. Training of **58** Master Trainers (LSBE level 1) was organized through three separate trainings, each of 2 days, during the reporting period - **Multan** 18, **Matiari** 10, **and Karachi**: 30. In Karachi the training of Master trainers was facilitated by Center for Image Management (CIIM) and conducted by WPF. Prior October 2009, WPF was looking for a suitable implementing partner in Karachi;

CIIM was taken onboard to avoid any delay in the implementation of the project. While moving towards the implementation of the project in target districts, schools and their teachers were scrutinised upon showing willingness of being part of this programme. A total of 94 schools were selected from the three target districts.

### **Activity 3.1.7-3.1.8: Selection of Schools by Implementing Partners and WPF-Certified Teachers Training workshop**

Training workshops for teachers from partner selected schools were organized by CIIM and well-trained master trainers. 368 Teachers were capacitated for SRHR based LSBE curriculum delivery, through basic and advanced training workshops by trained Master Trainers in respective districts under the supervision of WPF Team. (**Multan**: 101 **Matiari**: 136 **and Karachi**: 131) . The teachers were not only trained through teacher's manuals on LSBE but were also familiarized with effective tools to enhance participatory learning in class rooms.

### **Activity 3.1.9-3.1.11: Implement SRHR Curriculum into schools by trained teachers**

WPF has successfully signed MoU with City District Government Karachi to implement the Life Skills Based Education component of the project. For this purpose, several meetings were held with relevant officials of City District Government including, City Naib Nazim, District Coordinating Officer, Executive District Officer Education and Health during second quarter of the year. Moreover, implementing partners in Multan and Mitiari organized several meetings with the government officials and formalized/signed MoUs with their respective district governments to implement the project. The MoUs can be reviewed at [http://www.wfpak.org/html/rdisrhp\\_eu.html](http://www.wfpak.org/html/rdisrhp_eu.html)

Student workbooks had been disseminated in schools in December and most schools began teaching the curriculum eagerly by mid December.

Whole of school activities have been initiated in schools of Multan and Matiari in December 2009, which will be completed in the first two months of 2010. So far 10 Whole of School Activities and 5 each in Multan and Matiari have been carried. Schools in Karachi will initiate this activity from Jan 2010. The main objective of this action is to decipher LSBE from class rooms to whole of school by performing SRHR activities ensuring that they realise the importance of Life Skills in their daily interaction. Quiz competition among classes, role plays and sketch designing have been the main components of this activity.

### **Result 1.2: Enabling Environment for SRH Rights**

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#### **Activity 4.3: Engaging Consultant for developing advocacy strategy**

WPF successfully developed its SRHR Advocacy Strategy for which the team engaged Ms. Hilde Kroes, Advocacy Officer WPF, the Netherlands. The strategy was designed keeping in view the long term policy objectives. The consultant held consultation with the project staff, partner organizations and other stakeholders for this purpose and drafted project advocacy strategy with WPF team. The draft advocacy strategy deals with the inclusion of SRH Rights into education curriculum and health sector's services and protocols. This activity was undertaken in 2009 due to its earlier relevance and need.

#### **Activity 4.4: Organizing National policy advocacy forum**

During the reporting period, WPF organized a National LSBE Learning Forum in collaboration with Aahung and Plan-Pakistan on 7<sup>th</sup> October 2009 with an aim to learn from past LSBE experience and move forward towards the effective implementation of LSBE now that LSBE has been incorporated in the National Education Policy. The SRHR Advocacy Strategy was also launched at the occasion. The Forum was well attended by representative from ministry of Health, Education, Youth Affairs and Population Welfare, UN agencies, NGOs, Media personal and Implementing Partners of LSBE from across Pakistan. WPF's advisor for sexuality education from the Netherlands especially participated in the forum. The activity had been initially planned for the next years, however due to Government's initiative of incorporating LSBE into national education policy; it was appropriate time to advocate for the inclusion of LSBE in the national curriculum. The report can be viewed at:

[http://www.wfpak.org/downloads/LSBE\\_Forum\\_2009\\_Report.doc](http://www.wfpak.org/downloads/LSBE_Forum_2009_Report.doc)

#### **Result 1.2: Enabling Environment**

##### **Activity 5.1-5.2: Refer to activity 2.8**

##### **Activity 5.3: Create Project's display on WPF portal and website**

WPF has developed LSBE portal and enriched its website by uploading most recent virtual and interactive resources and information regarding Sexual and Reproductive Health & Rights (SRHR) of young people. Activities associated with the project are updated on the website regularly. A dedicated project page has been created on the website which acknowledges EC's commitment to Pakistan's progress and support to the programme.

View: [http://www.wfpak.org/html/rdisrhp\\_eu.html](http://www.wfpak.org/html/rdisrhp_eu.html)

<http://lsbeportal.wfpak.org/>

The LSBE Portal promises an interesting overview of feature articles, learning topics, and updates each month.

##### **Activity 5.4: Development of Video Documentary on status of SRH in Pakistan**

WPF has also developed a process of developing a video documentary around research findings and a media company has been involved in this regard. The main idea of this documentary revolves around the status of SRH Rights in Pakistan, focusing specifically on the most infringed rights and the designed interventions. This documentary will be completed in Feb 2010 and launched at the National Launch of the research in March 2010.

##### **Activity 5.5: Design and bring out E-cards on international days**

E-greetings were shared with the stakeholders on international days with youth-centric messages. These included, e-greetings shared on International Women Rights Day, International Youth Day, Father's Day, World Population Day and International Human Rights Day.

A poster, highlighting the issue of teenage marriages resulting in teenage pregnancies and its related affects on health of young girls, has been developed by WPF on the occasion of International Mother's Night 2009. Wider dissemination of the poster took place reaching more than 3000 stakeholders to build a voice against the issue. Moreover, similar theme has been developed for the E-Greeting card disseminated on Father's Day 2009, International Youth Day and International Human Rights Day.

View: <http://www.wfpak.org/html/publications.html#4>

#### **Activity 5.6: Publication and Dissemination of IEC Material**

WPF has developed project brochure, project standee and SRH Rights awareness poster for sharing and disseminating among stakeholders. A thematic 2010 planner has also been designed with illustrations of the 12 IPPF symbolic rights and findings from the research have been incorporated in the form of bar charts in the Yearly Planner 2010. These publications reflect on the possible outcomes and strategies of the project for achieving its goals.

View: [http://www.wfpak.org/pdfs/EU\\_brochure.pdf](http://www.wfpak.org/pdfs/EU_brochure.pdf)

#### **Activity 5.7: Bring out E-Newsletters, once each quarter**

WPF has initiated development and dissemination of quarterly E-Newsletter among stakeholders titled 'Rights in Focus'. So far four (4) newsletters have been published; the last e- newsletter of the year was published in December 2009.

View: [http://www.wfpak.org/html/rdisrhp\\_eu\\_newsletter.html](http://www.wfpak.org/html/rdisrhp_eu_newsletter.html)

#### **Activity 6: Human Resource and Organizational Development**

##### **Activity 6.3-6.4: Staff capacity building through participation in local, regional and international conferences**

The project team was provided opportunities to attend various internal conceptualization and orientation forums to get acquainted with the project and its focus. The training opportunities are constantly explored by the Human Resource department. Country Representative presented a paper on Sexuality Education in Muslim Society in June 24, 2009, WAS Congress for Sexual Health, Goteborg, Sweden. Programme Manager, Knowledge Management participated in a workshop on Regional Institute of Sexuality, Society and Culture in India on partial scholarship. Programme Manager Learning Communication and Resource Mobilization (LCR), Programme Manager SRHR and Programme Officer We Act, presented their abstracts in 5<sup>th</sup> Asia Pacific Conference on Reproductive and Sexual Health & Rights. Programme Manager LCR presented the finding of the SRHR Research associated with this project. These exposures provided staff an opportunity to understand the basic concepts regarding SRH Rights, learn from global advancements and develop international linkages with SRH experts.

A training session on sexuality was facilitated by Mr. Jo Reinders from WPF Netherlands, in Islamabad on 5-6<sup>th</sup> October 2009 for developing the capacities of staff and implementing partners and also providing technical feedback on the curriculum.

##### **Result 1:**

##### **Result 1.1 & 1.2:**

#### **Activity 7: Monitoring and Evaluation**

##### **Activity 7.1: Formation of National Project Steering Committee and District Project Steering Committee**

As outlined in the proposal, WPF has formulized a 'National Project Steering Committee' for project progress review, networking and guidance on regular basis. The committee comprises of experts who actively contributed in the research process, representatives from CSOs, INGOs, UN agencies, media, youth networks, relevant Ministries and Implementing partners (list of the members can be accessed at): ([http://www.wfpak.org/html/rdisrhp\\_eu.html](http://www.wfpak.org/html/rdisrhp_eu.html)).

At district levels, as part of the project commitment, three committees (one per district) have been formed. Members of this committee will monitor and evaluate the overall changing status of young people's SRHR in the community. The member will formally meet on quarterly basis from Jan 2010. ToRs of DPSC are similar to those of NPSC.

Composition of DPSC can be viewed at: [http://www.wfpak.org/html/rdisrhp\\_eu\\_dpdc.html](http://www.wfpak.org/html/rdisrhp_eu_dpdc.html)

### **Activity 7.2: Bi-annual meeting of NPSC**

First meeting of the National Project Steering Committee (NPSC) formulated to review and advice on the project work plan was convened at the office of World Population Foundation (WPF), Pakistan, in Islamabad. Representatives from various organizations working in the field of Sexual and Reproductive Health and Rights (SRHR), Ministries of Education and Youth Affairs, media and civil society members took part in the meeting. Federal Secretary for Youth Affairs, Mr. Hifz-ur-Rehman was also present on the occasion. In all two meetings of NPSC have been held this year as planned.

### **7.3: Development of MER Framework for the project by engaging a consultant**

Keeping in view the importance of continuously looking at the outputs, achievements and documenting project's results, WPF has come up with a strong Monitoring & Evaluation Framework from the beginning of the project going from community based M & E formats to web-based M & E, which will help ensuring that activities are taking place as per the commitments identified.

All tools regarding Education component of the project have been developed and shared with the partners. The online M&E system is in process and moving towards completion. All three Implementing Partners have also been oriented with the initial level. WPF Pakistan office is also in consultation with its Headquarters M&E person for making the system stronger. A comprehensive training on the online system has been planned for 13<sup>th</sup>-14<sup>th</sup> January 2010 where an orientation and complete understanding of the system will be provided to the Implementing Partners for effective usage and build their capacity. Furthermore in the second phase of MER 2010, this system will also cater to the health care mechanisms with regard to online referral and identification of rights violation. To date partners have entered data of Mater Trainers, Teachers, Schools and are in the process of entering Student data.

The National Project Steering Committee and District Project Steering Committees will monitor the overall impact of the project both at National and District Level.

The overall project progress in reviewed at WPF through Monthly progress meetings, reviewing LFA and NPSC to monitor project activities and achieve the overall objectives of the project.

## **Result 1: Achieved Outputs**

- A culturally adapted, contextualized, validated and tested assessment tool SeHRAF with its implementing methodology
- Desk review of the existing situation on SRH rights and policies through review of secondary data sources on the subject.
- Baseline study of National SRHR situation in Pakistan completed through an electronic survey of SRHR Knowledge Bearers from across Pakistan, FGSs and In-depth interviews of SRH experts
- National Report on current status of SRH rights in Pakistan is available
- Specific and in depth analysis of SRH rights status reports of target districts

### **Result 2: Achieved Outputs**

- A culturally sensitive SRHR education Curriculum (Level 1) devised and implemented in schools
- 58 Master trainers and 368 Trained teachers as the traditional source of information on SRHR issues and education for young people
- Training manuals for master trainers and teachers and workbooks for students
- 94 schools taken on board for imparting LSBE curriculum.
- 31,000 Adolescents selected for sensitisation to adopt responsible behaviours through SRHR education
- Mass level awareness among young people within school systems through informed peers as source of providing SRHR information
- Changes in policies of Government of Pakistan

### **2.3. Please list activities that were planned and that you were not able to implement, explaining the reasons for these.**

Below are the activities of 2009 which could not be implemented by WPF

- National Dissemination Forum and launch of SRHR Assessment Report
- District Dissemination Forums and launch of SRHR Assessment Report

Due to thorough research by the WPF team and extensive feedback from the consultant and national and international panel of experts and security situation in Islamabad and Sindh province; there was a delay in the dissemination forums both at national and district level. The National Dissemination Forum is scheduled for March 2010. District Launch Forum in Multan was carried in December. Launch forums for Matiari and Karachi have been scheduled for 25<sup>th</sup> and 26<sup>th</sup> January 2010, respectively. Although WPF shared preliminary findings of the research at National Level in November (refer to 2.2.2.6), both these activities will be carried out in the first quarter.

- Engage parents into SRHR Education once in project life in each targeted school
- Monthly professional Development Forums (PDFs) for teachers
- Performance Review Forums (PRFs) of one day each in Targeted Districts

WPF has introduced 6 characters in student workbooks to make it more interesting for young adults. These characters have been developed by “Gogi Studios”. The finalization of these characters included consultations with various stakeholders and their feedback was respected. This activity was time consuming and resulted in the delay of workbook finalization and printing. Because of a delay in LSBE curriculum feedback and designing, the curriculum was implemented in school from December 2009. Associated activities which were to be implemented in schools after 4 weeks have been slightly delayed due to curriculum delivery. The activities have been taken forward to the first quarter of 2010.

**a. What is your assessment of the results of the Action so far?**

During the course of the first year, activities were planned with a keen eye on the outputs and outcomes. Each activity/action has been flowing logically to the next, contributing to the overall objectives of the project.

Activities (Expected Result 1 (1.1) SRH SRH rights' situation in Pakistan mapped and assessed as a first country in the region)	1	Recruit project staff	Assessment  • As it is a pioneering research, the limited body of literature on SRH issues from Rights perspective was a challenge. During the literature review process, it was observed that not much experience and tools were available in Pakistan to assess the Sexual and Reproductive Health status of young people. Despite sensitivity of the issue and lack of language, vocabulary and extensive expertise, WPF has succeeded in drafting indicators, assessment instrument / prototype and protocols with the help of experts. However, timely feedback from experts was a challenge as they were engaged voluntarily.	Status/ Justifications
	2	Design and implement SRH rights assessment and monitoring framework (SeHRAF)		Completed as per project work plan
	2.1	Selection of expert /consultant to work on designing of SRH assessment tool, SeHRAF in line with EC / WPF Procedures		Completed as per project work plan Mr. John De Witt was engaged as a consultant to support project staff in conducting research.
	2.2	Create experts' panel for Developing SeHRAF Tool		2 National and 1 International Expert groups were formulated. Details about National and International expert panel can be viewed at: <a href="http://www.wfpak.org/html/rdisrhp_eu_panel_n.html">http://www.wfpak.org/html/rdisrhp_eu_panel_n.html</a> <a href="http://www.wfpak.org/html/rdisrhp_eu_panel_i.html">http://www.wfpak.org/html/rdisrhp_eu_panel_i.html</a>
	2.3	Hold 2 days consultative Forum for finalization of SRH rights definitions and indicators in local context for incorporating in SeHRAF tool		1 day Forum in Islamabad held on 8 <sup>th</sup> April, 2009 & Forum in Karachi held on 2 <sup>nd</sup> May, 2009.
	2.4	Pilot (Email) Testing of SeHRAF model through 30 knowledge bearers from targeted district		Pilot testing with 50 randomly selected knowledge bearers was done through an e-survey.

	2.5	Rework prototype based on pilot test		
	2.6	Full-scale implementation of SeHRAF through national field E-survey (with 300 Respondents), 10 FGDs, and 15 In-depth experts' interviews	<ul style="list-style-type: none"> <li>Through literature review and various consultations with the consultant and the national and international expert panel, WPF thoroughly contextualized 12 SRH Rights. The Research study on the status of young people in relation to SRHR has given an insight to areas of SRH which need special attention with regard to local dynamics and interventions. WPF has so far assessed the Rights of young people of Pakistan and will be launching the research and the SeHRAF methodology toolkit in March 2010.</li> </ul>	Full- scale implementation of SeHRAF tool was conducted with 1,000 Knowledge bearers; 280 responses received from e-survey, 70 received from paper and pen survey to ensure rural representation.
	2.7	Generate Final SeHRAF Methodology Toolkit & National SRH rights' Assessment Report		23 FDGs and 33 In-Depth Interviews conducted SeHRAF toolkit developed and finalised and can be assesses at: <a href="http://www.wfpak.org/html/rdisrhp_rf.html">http://www.wfpak.org/html/rdisrhp_rf.html</a> Draft report was completed in December, 2009 and will officially be launched in early 2010.
	2.8	Hold 4 dissemination and project launch forums (one day each) to share SRH Rights Assessment Report, on Pakistan in Targeted Districts and one at National Level		3 project launch forums were held in: Multan on 24 <sup>th</sup> December, 2009 Karachi planned for 26 <sup>th</sup> January, 2010 Matiari planned for 25 <sup>th</sup> January, 2010 to share finding from SRH Rights Assessment Report. The launch in Karachi and Matiari had been postponed to January 2010 because of security situation in Sindh Province and announcement of holidays by province administration.
<b>Activities</b> (Expected Result 2)LSBE curriculum converted into a rights-framework SRHR Education & and piloted in	<b>3</b>	<b>Institutionalization of SRHR</b>		
	3.1	Institutionalize SRH rights in demand mechanisms of social service: Education		

450 schools, converting 1200 teachers into SRHR Educators and 150,000 students enrolled with SRHR education curriculum				
	3.1.1	Develop capacity building Manuals for rights-driven SRH; 5 manuals for seven different audience and its translation into local language (Urdu) i.e for (Elected Representatives, Government Officials, Media, Religious Leaders, CSOs, Teachers and Students)	Manuals have been developed for teachers for the smooth	Completed as per project work plan  SRHR based LSBE Master Trainer's and Teachers' manual and LSBE Students workbook have been developed, printed and disseminated for implementation.  Based on consultations with stakeholders in December 2009, development of capacity building and sensitisation manuals for stakeholder is in progress.
	3.1.2	Engage Consultant and development of SRHR Curriculum on the basis of SeHRAF SRHR indicators by formation of National Curriculum Advisory Committee (including UNICEF, UNFPA, UNESCO) and others	LSBE Curriculum 1 has been developed with the consultations of all stakeholders, with the inclusion of 6 characters. These characters will also be part of Level two(SRHR focused). Level 2 will be developed in the first quarter of 2010	Mr. Jo Reinders, Sexuality Education Advisor taken on board for the development of the curriculum.  Partners were consulted for their critical feedback on the curriculum.
	3.1.3	One day consultative workshop with partners for developing SRHR Based Curriculum		
	3.1.4	Development and Translation of SRHR Curriculum, (Manuals for teachers and Workbooks for students) into Urdu	<ul style="list-style-type: none"> <li>For clarity and community acceptance, WPF has devised 2 curriculums which will be taught one</li> </ul>	<ul style="list-style-type: none"> <li>The students' curriculum was developed in English and then translated in to Urdu and Sindhi.</li> <li>33,000 students' workbooks (24,500 Urdu, 8000 Sindhi &amp; 500 English) and 400 teacher's manuals</li> </ul>

			<p>after the other. Based on WPF's LSBE experience and implementing partner's feedback, WPF developed LSBE curriculum, Level 1 being taught in 94 selected schools of Multan, Matiari and Karachi during the first year. Development and revision of the curriculum also took unprecedented time which delayed a few activities associated with institutionalization. As the development phase is complete now, the implementing activities are expected to go unhindered next year.</p>	<p>have been printed and distributed.</p>
	3.1.5	2 days capacity building workshop for implementing staff on Project Conceptualization and Project Cycle Management	<ul style="list-style-type: none"> <li>WPF has signed MoUs with three partners for implementing institutionalization phase of the project. MoUs have also been signed with the district governments in all the target areas for carrying out project initiatives in the project districts efficiently.</li> </ul>	Two day capacity building workshop on Project Conceptualization and project cycle management was conducted at WPF Islamabad office alongside MoU signing with the Implementing partners.
	3.1.6	Conduct three, 4-day WPF-Certified Master Trainers SRHR training workshop for Implementing Partners (IPs)	<p>Training of <b>58</b> Master Trainers (LSBE level 1) was organized during the reporting period - <b><u>Multan</u> 18, <u>Matiari</u> 10, and <u>Karachi</u>: 30.</b></p>	Three trainings (each in Karachi, Matiari and Multan) were conducted for Master Trainers. Initially, training was planned for 4 days; however, it was decided to come up with 2 separate curriculums – Level 1 & 2; 1 on LSBE and the other on SRHR. Initial 2 days training on LSBE has been completed whereas the other 3 days

				training on SRHR (Level 2) will be conducted during the year 2010.
	3.1.6.1	Conduct three, 2-day refreshers for Master Trainers of IPs in 2010 & 2011		To be planned in the year 2010.
	3.1.7	Selection of schools by Implementing Partners through organizing 3 School's orientation seminars, one in each district each year.		Completed as per project work plan 94 schools (28 from Multan, 32 Karachi & 34 in Matiari) have been selected for Project Implementation. 31,000 Students have been enrolled in Level 1 and 368 Teachers have been trained for imparting LSBE - Level 1 curriculum, taking "Whole School Approach".
	3.1.8	Organize 48, 2-day, 2-day, WPF-Certified Teachers Training workshops for over 1200 school teachers and administrator in basic SRHR education	. Curriculum Level 1 is being implemented in schools of the three districts from December 2009  Whole of School activities have been initiated in schools of the three districts. Students are taking keen interest in these activities and the activities are proving to be very effective throughout the schools	Completed as per work plan. Next ToT will be organized in the year 2010.
	3.1.9	Implement SRHR Curriculum into school by trained teachers / SRHR Educators		During the first quarter, WPF had to disengage one partner in early stage of the project because of management level issues and select another which it did successfully in October 2009.
	3.1.10	Engage parents into SRHR Education once in project life in each targeted school		
	3.1.11	Engage entire Students into LSBE through whole of school activity , once in project life in each targeted school		10 whole of school activities; 5 in each Multan and Matiari have been organized.
	3.1.12	Conduct one day Monthly Professional Development Forums (PDFs) for Teachers (Total 210 in four years)	<ul style="list-style-type: none"> <li>The number of Professional Development forums and Performance Review forums in a year has been revised in consultation with</li> </ul>	Not completed.  The development of curriculum, with appropriate contents, feedback and characters development took more than the expected time and resulted in the delay of workbook finalization and printing. Because of this delay, the curriculum was implemented in school from

			implementing partners based on the availability and convenience of teachers. PDFs will be conducted twice a year, one after each level has been completed.	December 2009. PDFs will be organised in early 2010 upon completion of Level 1 curriculum. Keeping in view the whole school approach, PDFs will be organised twice in a year instead of monthly forums whereas PRFs will be conducted once a year..
	3.1.13	Hold consultations with Ministry Of Education and other stakeholders for curriculum reforms	The National Education and Youth Policy 2009 of Pakistan both have clear reference to LSBE. In 2010 WPF will advocate for moving from Policy to implementation with regard to LSBE	National LSBE Learning Forum was conducted to involve important stakeholders to make collaborative efforts for policy reforms/implementation.
	3.1.14	Conduct Quarterly Performance Review Forums (PRFs) of one day each in Targeted Districts (56 in four years)	PRFs will be conducted once a year after both level 1 and level 2 have been completed by a class. This will help monitor the changes in both the teachers and the students.	Refer to status / justification 3.1.12
<b>Activities</b> (Expected Result 3)Health Management Systems in three districts becomes responsive to SRH needs of youth (and women) as 150 district health	3.2	<b>Create client-centered health-care system (leading to effective supply of health service)</b>	2010, As per LFA and Work plan	
	3.2.1	Conduct 2 days capacity building of healthcare providers on non-judgmental ethics of SRH service delivery. (4 events), 02 in Karachi, one each in Multan and Mitiari District		Planned for the year 2010
	3.2.2	Create Teacher-Led referral system from schools to healthcare system		Planned for the year 2011

professionals are trained in SRHR-based counseling skills and treatment protocols	3.2.3	Establish internet-based referral system		Planned for the year 2011
<b>Activities</b> (Expected Result 1(1.2) Enabling environment for SRHR created.	<b>4</b>	<b>Enabling Environment for SRH Rights</b>		
	4.1	Arrange two exposure visits to South Asia and Europe, each of 5-day duration (meeting of delegates with Euro-Parliamentarians will be ensured)		Planned for 2010
	4.2	Sensitize 150 elected representatives, 100 government officials, 50 media persons and 50 religious leaders through 3 advocacy forums, one in each district		Planned for 2010
	4.3	Engaging Consultant for developing advocacy strategy		Completed as per work plan. Mr. Hilde Kroes, Advocacy officer WPF Headquarters was engaged for developing Advocacy strategy.
	4.4	Organising National policy advocacy forum for launching advocacy campaign with government and other stakeholders		Completed . National LSBE learning forum was organized on 7 <sup>th</sup> October, 2010.
	4.5	Advocacy Follow ups by NPSC's sub-committee with state (education / health sector , NRB) for inclusion of SRHR into education curriculum and health sector's services and protocols		Planned for 2010-2012
	4.6	Conduct Capacity building of 200 CSO representatives through 2 day training workshop on SeHRAF in targeted districts		Planned for 2010

<b>Activities</b> (Expected Result 1(1.2) Enabling environment for SRHR created.	<b>5</b>	<b>Visibility and Communications</b>	The National Dissemination Launch of the Research has been delayed to early 2010, due to security situation. The report itself is complete with the SeHRAF tool.	
	5.1	National Dissemination Forum and launch of SRHR (Pre-Intervention) Assessment Report -2009 (2 Euro-Parliamentarians will be invited) (Ref: Activity 2.8)		Launch will be held on 9 <sup>th</sup> March, 2010. EU and Dutch Ambassadors have been invited to attend the event.
	5.2	District Dissemination Forums and launch of SRHR (Pre-Intervention) Assessment Report -2009 (Ref: Activity 2.8)	At district Level, the findings have been shared through district launch forums. All feedback has been incorporated in the National Report. The SRHR Video Documentary has been initiated and will be launched at the National Dissemination Forum in March 2010	3 project launch forums were held in: Multan on 24 <sup>th</sup> December, 2009 Karachi planned for 26 <sup>th</sup> January, 2010 Matiari planned for 25 <sup>th</sup> January, 2010
	5.3	Create Project's display on WPF portal and website	WPF has made sure all visibility guidelines are met, keeping also in mind the usability of the information. The following have been achieved:	Completed as per project work plan. Can be viewed using the link: <a href="http://www.wfpak.org/html/rdisrhp_eu.html">http://www.wfpak.org/html/rdisrhp_eu.html</a> <a href="http://lsbeportal.wfpak.org/">http://lsbeportal.wfpak.org/</a> (2460 visitors visited LSBE portal during the period – March – Dec 2009)
	5.4	Development of Video documentary on status of SRH in Pakistan	<ul style="list-style-type: none"> <li>• 4 E-Newsletters</li> </ul>	Documentary is in process and will be launched alongside Research launch on 9 <sup>th</sup> March, 2010.
	5.5	Design and bring out E-greeting cards and celebrate Mother, Father, AIDS and Intl. Youth days every year as Advocacy Forums on SRH Issues	<ul style="list-style-type: none"> <li>• Publication and Dissemination of IEC Material</li> <li>• Quarterly, Biannual and Annual reports</li> </ul>	E-greeting cards can be viewed at: <a href="http://www.wfpak.org/html/publications.html#4">http://www.wfpak.org/html/publications.html#4</a>
	5.6	Publication and Dissemination of IEC Material (Project Folder) containing Project brochure, assessment report, annual planner and video		Completed as per work plan. Following IEC material was developed: <ul style="list-style-type: none"> <li>• EU project brochure – English and Urdu</li> <li>• Project standee</li> <li>• SRH Rights awareness poster</li> <li>• Thematic 2010 planner representing findings from the research</li> </ul>

				Project brochure can be viewed at: <a href="http://www.wfpak.org/pdfs/EU_brochure.pdf">http://www.wfpak.org/pdfs/EU_brochure.pdf</a>
5.7	Bring out four E-Newsletters, one each quarter			4 E-Newsletters were developed and disseminated.  <a href="http://www.wfpak.org/html/rdisrhp_eu_newsletter.html">http://www.wfpak.org/html/rdisrhp_eu_newsletter.html</a>
5.8	Produce three electronic media programs on selected SRHR theme, one each from 2010 to 2012			Planned for the year 2010
5.9	Produce short 10 case studies including 4 Videos			Planned for the year 2010
5.10	Furnish Quarterly, biannual and annual reports of the project as per EC Guidelines and its dissemination through website			Yes 1 <sup>st</sup> and 2 <sup>nd</sup> Bi-Annual Progress Report submitted to EU
5.11	Organize 3 SRHR Based LSBE Learning Forums one in each district.			Planned for the year 2010
5.12	National Conference on SRHR in Islamabad in 2012 for sharing and launching post intervention assessment report. Euro-Parliamentarians will be invited			Planned for the year 2012
5.13	Organize field visits for Euro-Parliamentarians occasionally visiting Pakistan, Donors, Government Officials & Media for Showcasing project results			Planned for 2010-2012

<b>6</b>	<b>Human Resource and Organizational Development</b>		
6.1	Capacity building of 6 Staff Members in SRHR Themes from Abroad		<ul style="list-style-type: none"> <li>• Training on sexuality was organised by WPF on 5-6<sup>th</sup> October 2009 for developing the capacities of staff and implementing partners.</li> <li>• The project team was provided opportunities to attend various internal conceptualization and orientation forums to get acquainted with the project and its focus.</li> <li>• Programme Manager, Knowledge Management participated in a workshop on Regional Institute of Sexuality, Society and Culture in India.</li> </ul>
6.2	Create international linkages with SRH organizations in Europe and Asia		International Expert Panel
6.3	Carry out exchange visits of staff among partner organizations locally to share their experiences & learning		Planned for 2010 – 2012
6.4	Staff capacity building through participation in local, regional and international conferences		<ul style="list-style-type: none"> <li>• Country Representative presented a paper on Sexuality Education in Muslim Society in June 24, 2009, WAS Congress for Sexual Health, Goteborg, Sweden.</li> <li>• Programme Manager Learning Communication and Resource Mobilization presented the finding of the SRHR Research in 5<sup>th</sup> Asia Pacific Conference on SRHR.</li> <li>• Programme Manager SRHR and Programme Officer We Act also presented their abstracts in 5<sup>th</sup> Asia Pacific Conference on Sexual &amp; Reproductive Health &amp; Rights.</li> </ul>

Activities (Expected Result 1)-	7	Monitoring and Evaluation		
(1.1)SRH Rights' situation in Pakistan mapped and assessed as a first country in the region	7.1	Formation of National Project Steering Committee(NPSC) and District Project Steering Committee (DPSC)	National Project Steering Committee formed	NPSC has been formulated. List of the members can be viewed at: <a href="http://www.wfpak.org/html/rdisrhp_eu_psc.html">http://www.wfpak.org/html/rdisrhp_eu_psc.html</a>
	7.2	Biannual Meetings of NPSC (8 meetings in 2009-2012)	The National Project Steering Committee has met twice in 2009.	Biannual meetings were held on 15 <sup>th</sup> July and 24 <sup>th</sup> November, 2009
	7.3	Development of MER Framework for the Project by engaging a consultant	Level 1 of the MER has been developed(Demand Side)	An online (web-based) Monitoring & Evaluation Framework has been developed by WPF. It is being further enriched by including health component of the project.
(1.2) Enabling environment for SRHR created.	7.4	2 days Training workshop for partners in web-based M E & R System for running web-based reporting, information gathering and rights' violation reporting mechanism for ongoing right's assessment and for establishing and running SRH Interactive Counselling Database	District Project Steering Committee has been formed	Planned for the year 2010
	7.5	DPSCs Quarterly Reviews in respective districts, each for one-day (12 DPSC meetings/year- total 36 meetings)	District Project steering Committee will meet on quarterly basis from February 2010	Planned for the year 2010
	7.6	NPSC releases Annual Monitoring Report on SRH Rights progress through WPF website		Planned for the year 2010
	7.7	Conduct final assessment of SRHR situation and their degree of institutionalization in target districts using SeHRAF prototype in 2012 and bring out report		Planned for the year 2012

	7.8	Convert DPSC into SRH District Task Force and integration into Local Governance System through government notification and conversion of National PSC into 'National Task Force on SRHR		Planned for the year 2012
	7.9	Conduct mid-term evaluation of the project		Planned for the year 2011
	7.10	Conduct final external evaluation of the project		Planned for the year 2012
	7.11	Monitoring visits by WPF-P Team and WPF Head Quarters (one 5 days visit of 2 persons)		Planned for the year 2011

The Log frame of the project **remains the same**.

Please list all contracts (works, supplies, services) above 10.000€ awarded for the implementation of the action during the reporting period, giving for each contract the amount, the award procedure followed and the name of the contractor.

	Name of Contractor	Procedure Followed	Amount
1	Implementing Partner: HANDS Implementing project activities in Matiari, Sindh	Project Proposal and MoU guidelines	Euro 10,600.81
2	Implementing Partner: AwazCDS Implementing project activities in Multan, Punjab	Project Proposal and MoU guidelines	Euro 12,367.40
3	Purchase of Toyota Vehicle M/S Indus Motor Company Limited For purchase of Vehicle - Toyota Corolla  (Purchased from the local market with approval from EU)	EU guidelines and WPF policy based on three quotations from local market.	Euro 13,217.49

b. Please provide an updated action plan <sup>2</sup>  
 Detailed implementation work plan for the 2<sup>nd</sup> year)

Activity Plan: Year 1 & 2		Type	Semester/year 1						Semester/year 2						Implementing body
Code as per LFA	Activity		Quarter 1			Quarter 2			Quarter 3			Quarter 4			
			P=Prep E=Exec	1	2	3	4	5	6	7	8	9	10	11	
1	Recruit project staff	P													WPF
2	<b>Design and implement SRH rights assessment and monitoring framework (SeHRAF)</b>														
2.1	Selection of expert /consultant to work on designing of SRH assessment tool, SeHRAF in line with EC / WPF Procedures														WPF
2.2	Create experts' panel for Developing SeHRAF Tool	E													WPF
2.3	Hold 2 days consultative Forum for finalization of SRH rights definitions and indicators in local context for incorporating in SeHRAF tool	E													WPF/IP
2.4	Pilot (Email) Testing of SeHRAF model through 30 knowledge bearers from targeted district	E													WPF/IP
2.5	Rework prototype based on pilot test	E													WPF
2.6	Full-scale implementation of SeHRAF through national field E-survey (with 300 Respondents), 10 FGDs, and 15 In-depth experts' interviews	E													WPF/IP

<sup>2</sup> This plan will cover the financial period between the interim report and the next report.





3.1.13	Hold consultations with Ministry of Education and other stakeholders for curriculum reforms	E																	WPF/IP 2010
3.1.14	Conduct Quarterly Performance Review Forums (PRFs) of one day each in Targeted Districts (8 in first year)																		IP
4	<b>Enabling Environment for SRH Rights (Please see detail in 2010-2012 Action Plan)</b>																		
5	<b>Visibility and Communications</b>																		
5.1	National Dissemination Forum and launch of SRHR Assessment Report -2009 (2 Euro-Parliamentarians will be invited) (Ref: Activity 2.8)	E																	WPF
5.2	District Dissemination Forums and launch of SRHR (Pre-Intervention) Assessment Report -2009 (Reference Activity 2.8)	E																	WPF/IP
5.3	Create Project's display on WPF portal and website	E																	WPF
5.4	Development of Video documentary on status of SRH in Pakistan	E																	WPF
5.5	Design and bring out E-greeting cards and celebrate Mother, Father, AIDS and Intl. Youth days every year as Advocacy Forums on SRH Issues	E																	WPF
5.6	Publication and Dissemination of IEC Material (Project Folder) containing Project brochure, assessment report, annual planner and video	E																	WPF/IP
5.7	Bring out four E-newsletters, one each quarter, in 2009	E																	WPF

<b>6</b>	<b>Human Resource and Organizational Development</b>															
6.1	Capacity building of 3 Staff Members in SRHR Themes from Abroad	E														WPF
<b>7</b>	<b>Monitoring and Evaluation</b>															
7.1	Formation of National Project Steering Committee(NPSC)	E														WPF
7.1.1	Formation of District Project Steering Committees(DPSC)	E														WPF / IP
7.2	Biannual Meetings of NPSC (2 meetings in first year)	E														WPF

\*Activities not performed as per work plan have been highlighted as red.

Updated Implementation work plan for the year 2 - 4

Activity Plan year 2-4		Type	Year 2		Year 3		Year 4		Implementing Body
Code as per LFA	Activity		Semester		Semester		Semester		
			P=Prep E=Exec	3	4	5	6	7	
3.1	<b>Institutionalize SRH rights in demand mechanisms of social service: Education</b>								
3.1.4	Printing of Student's workbooks								
3.1.6	Conduct three, 2-day refreshers for Master Trainers of IPs in 2010 & 2011								WPF
3.1.7	Selection of schools by Implementing Partners through organizing 3 SRHR Education orientation seminars, one in each district each year.								WPF/IP
3.1.8	Organize 28, 2-day, WPF-Certified Teachers Training workshops for over 720 school teachers and administrator in basic SRHR education								IP
3.1.9	Implement SRHR education into schools by trained teachers / SRHR Educators								IP
3.1.10	Engage parents into SRHR Education once in project life in each targeted school								IP
3.1.11	Engage Entire Students into SRHR Education through whole of school activity , once in project life in each targeted school								IP
3.1.12	Conduct one day Monthly professional Development Forums (PDFs) for teachers (180 in 2010-2012)								IP
3.1.14	Conduct Quarterly Performance Review Forums (PRFs) of one day each in Targeted Districts (48 in 2010-2012)								IP
3.2	<b>Create client-centered health-care system (leading to effective supply of health service)</b>								WPF/IP

3.2.1	Conduct 2 days capacity building of healthcare providers on non-judgmental ethics of SRH service delivery. (4 events), 02 in Karachi, one each in Multan and Matiari District									WPF/IP
3.2.2	Create Teacher-Led referral system from schools to healthcare system									WPF/IP
3.2.3	Establish internet-based referral system									WPF
<b>4</b>	<b>Enabling Environment for SRH Rights</b>									
4.1	Arrange two exposure visits to South Asia and Europe, each of 5-day duration (meeting of delegates with Euro-Parliamentarians will be ensured)									WPF
4.2	Sensitize 150 elected representatives, 100 government officials, 50 media persons and 50 religious leaders through 3 advocacy forums, one in each district									WPF/IP
4.3	Engaging Consultant for developing advocacy strategy									WPF
4.4	Organizing National policy advocacy forum for launching advocacy campaign with government and other stakeholders									WPF/IP
4.5	Advocacy Follow ups by NPSC's sub-committee with state (education / health sector , NRB) for inclusion of SRHR into education curriculum and health sector's services and protocols									WPF/IP
4.6	Conduct Capacity building of 200 CSO representatives through 2 day training workshop on SeHRAF in targeted districts									WPF/IP
<b>5</b>	<b>Visibility and Communication</b>									
5.5	Design and bring out E-greeting cards and celebrate Mother, Father, AIDS and Intl. Youth days every year as Advocacy Forums on SRH Issues									WPF/IP
5.6	Publish other IEC Material e.g. issue based posters, annual planner, certificates, souvenirs, T-Shirts for youth etc									WPF/IP

5.7	Bring out four E-Newsletters, one each quarter, every year during 2010-2012									WPF
5.8	Produce three electronic media programs on selected SRHR theme, one each from 2010 to 2012									WPF
5.9	Produce short10 case studies including 4 Videos									WPF/IP
5.10	Furnish Quarterly, biannual and annual reports of the project as per EC Guidelines and its dissemination through website									WPF/IP
5.11	Organize 3 SRHR Learning Forums one in each district.									WPF/IP
5.12	National Conference on SRHR in Islamabad in 2012 for sharing and launching post intervention assessment report. Euro-Parliamentarians will be invited									WPF
5.13	Organize field visits for Euro-Parliamentarians occasionally visiting Pakistan, Donors, Government Officials & Media for Showcasing project results									WPF
<b>6</b>	<b>Human Resource and Organizational Development</b>									
6.1	Train 3 staff members on SRHR related competencies from abroad									WPF
6.2	Create international linkages with SRH organizations in Europe and Asia									WPF
6.3	Carry out exchange visits of staff among partner organizations locally to share their experiences.									WPF/IP
6.4	Staff capacity building through participation in local, regional and international conferences									WPF
<b>7</b>	<b>Monitoring &amp; Evaluation of SRHR Action</b>									
7.2	Biannual Meetings of NPSC (6 meetings in 2010-2012)									WPF
7.3	Development of MER Framework for the Project by engaging a consultant									WPF

7.4	2 days Training workshop for partners in web-based M E & R System for running web-based reporting, information gathering and rights' violation reporting mechanism for ongoing right's assessment and for establishing and running SRH Interactive Counselling Database								WPF
7.5	DPSC's Quarterly Reviews in respective districts, each for one-day (12 DPSC meetings/year- total 36 meetings)								IP
7.6	NPSC releases Annual Monitoring Report on SRH Rights progress through website								WPF
7.7	Conduct final assessment of SRHR situation and their degree of institutionalization in target districts using SeHRAF prototype in 2012 and bring out report								WPF
7.8	Convert PSC into SRH District Task Force and integration into Local Governance System through government notification and conversion of National PSC into National Task Force.								WPF/IP
7.9	Conduct mid-term evaluation of the project								WPF/EC
7.10	Conduct final external evaluation of the project								WPF/EC
7.11	monitoring visits by WPF-P Team and WPF Head Quarters (one 5 days visit of 2 persons)								WPF-P/ WPF HQ

### **3. Partners and other Co-operation**

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**a. How do you assess the relationship between the formal partners of this Action (i.e. those partners which have signed a partnership statement)? Please provide specific information for each partner organisation.**

As per contract agreement with EU, WPF proposed to implement the project in collaboration with local partners, for which WPF choose Health and Nutrition Development Society (HANDS) in Matiari, Awaz Foundation; Centre for Development Services in Multan and PAVHNA in Karachi. The MoUs with implementing partners; HANDS and Awaz, were signed successfully as per EC guidelines. The partners have been responsible for all project activities at district level with the support of WPF.

During the second quarter an addendum was finalized for taking Aahung as an implementing partner instead of PAVHNA w.e.f Oct 2009 as PAVHNA had management issues which could not be resolved. Throughout the reporting period, the partners have been very cooperative and had been carrying out project activities as described in the proposal. The work plans and budgets were mutually agreed with all the partners. Throughout the year, all implementing partners have been very supportive and cooperative, managing district activities and looking to WPF for technical support. The capacity of partners has also been built through various trainings and orientations.

Following is a brief description of the implementing partner organizations:

**HANDS** is running its Adolescent health and life skill project in 21 Government Boys and Girls Schools of District Matiari in collaboration with Education department, Government of Sindh. HANDS has been a credible LSBE partner for the last seven (7) years.

**AwazCDS** Pakistan has been working in partnership with WPF since April 2008 and advocates for harnessing the potential of adolescents and young people through LSBE in District Multan. AwazCDS has its presence in District Multan, Muzaffar Garh, DG Khan and Vehari. AWAZCDS-Pakistan is implementing this project in District Multan.

**Aahung** has been successful in developing relevant strategies to respond to the Sexual Health needs of Pakistani population. Moreover, Aahung has had success in bringing attention to sexual health issues and concerns in medical and educational institutions across Pakistan. Aahung is implementing this project in District Karachi since October, 2009.

**b. How would you assess the relationship between your organisation and State authorities in the Action countries? How has this relationship affected the Action?**

WPF has successfully signed MoU with City District Government Karachi to implement the Life Skills Based Education component of the project. For this purpose, several meetings were held with relevant officials of City District Government including, City Naib Nazim, District Coordinating Officer, Executive District Officer Education and Health during second quarter of the year. Moreover, implementing partners in Multan and Mitiari organized several meetings with the government officials and formalized/signed MoUs with their respective district governments to implement the project. WPF and implementing partners have built a good rapport with the district and the provincial governments for the smooth execution of the project.

During the course of the research, it was realized that issues related to SRHR are stigmatized and thus to implement project activities in the rural, semi urban and urban districts of Pakistan, it was deemed important to focus on the overall objective of the project which is adolescent/youth development. The steering committee and district governments also suggested renaming the project for wider acceptability. Through a consultative process with stakeholders, EU, project steering committee and partners, WPF went through a name storm and finalized “Hamara Kal” as the project tile. This will enable effective advocacy without any hindrances with the government over the use of “SRHR”.

The MoUs with District governments can be reviewed at [http://www.wfpak.org/html/rdisrhp\\_eu.html](http://www.wfpak.org/html/rdisrhp_eu.html)

**c. Where applicable, describe your relationship with any other organisations involved in implementing the Action:**

During the reporting period, WPF, Pakistan office kept close collaboration with its HQs in the Netherlands and received support in the development of its SRHR training manuals and workshops and Advocacy strategy. WPF Headquarters has always been supportive in providing adequate help to WPF Pakistan.

As per the grant contract, Master Trainers and Teachers have been trained for imparting LSBE education in selected districts. These Master Trainers and Teachers are an asset to WPF and support the organisation in taking its mission forward.

WPF also work closely with other like minded organisations and networks like Family Planning Association of Pakistan, Plan Pakistan, LDM, Aahung and PAPAC (Pakistan Post Abortion care) to advocate for SRH Rights.

In addition, WPF also work closely with government ministries like Ministry of Youth Affairs, Ministry of Population Welfare (MoPW), Ministry of Education, Ministry of Health and district governments to impart LSBE in school and also advocate for policy reforms.

**d. Where applicable, outline any links and synergies you have developed with other actions.**

During the reporting period, WPF organized a National LSBE Learning Forum in collaboration with Aahung and Plan-Pakistan on 7<sup>th</sup> October 2009 with an aim to learn from past LSBE experience and move forward towards the effective implementation of LSBE now that LSBE has been incorporated in the National Education Policy. The Forum was well attended by representative from ministry of Health, Education, Youth Affairs and Population Welfare, UN agencies, NGOs, Media personal and Implementing Partners of LSBE from across Pakistan. WPF's advisor for sexuality education from the Netherlands especially participated in the forum. The activity had been initially planned for the next years, however due to Government's initiative of incorporating LSBE into national education policy; it was appropriate time to advocate for the inclusion of LSBE in the national curriculum. The report can be viewed at:

View: [http://www.wfpak.org/downloads/LSBE\\_Forum\\_2009\\_Report.doc](http://www.wfpak.org/downloads/LSBE_Forum_2009_Report.doc)

WPF and Plan-Pakistan initiated the development of National Adolescent development Policy Framework in 2009. The document looks over the overall well being of the adolescents and how its various aspects can be translated into policy actions. This advocacy document will serve as a guideline to advocate to adolescents of Pakistan with respect to rights, health, education, crisis and livelihood. This will therefore in the broader spectrum contribute to improve the lives of adolescents of Pakistan

- e. If your organisation has received previous EC grants in view of strengthening the same target group, in how far has this Action been able to build upon/complement the previous one(s)? (List all previous relevant EC grants).

This is WPFs first EC grant since its inception

#### **4. Visibility**

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##### **How is the visibility of the EU contribution being ensured in the Action?**

During the reporting period, WPF has largely focused on the visibility of the project and European Union in line with visibility guidelines. For this purpose, following initiatives were taken.

Project and EU Visibility on WPF's Website [http://www.wfpak.org/html/rdisrhp\\_eu.html](http://www.wfpak.org/html/rdisrhp_eu.html)

Activities associated with the project are updated on the website regularly. A dedicated project page has been created on the website which acknowledges EC's commitment to Pakistan's progress and support to the programme.

Newsletters can be viewed at: [http://www.wfpak.org/images/EU\\_1stquarter\\_09.JPG](http://www.wfpak.org/images/EU_1stquarter_09.JPG)

WPF has initiated development and dissemination of quarterly E-Newsletter among stakeholders titled 'Rights in Focus'. So far four (4) newsletters have been published; the last e- newsletter of the year was published in December 2009.

IEC- Project Brochure & IEC Material [http://www.wfpak.org/pdfs/EU\\_brochure.pdf](http://www.wfpak.org/pdfs/EU_brochure.pdf)

WPF has developed project brochure (English, Urdu & Sindhi), project standee and SRH Rights awareness poster for sharing and disseminating among stakeholders. A thematic 2010 planner has also been designed with illustrations of the 12 IPPF symbolic rights and findings from the research have been incorporated in the form of bar charts in the Yearly Planner 2010. These publications reflect on the possible outcomes and strategies of the project for achieving its goals.

News coverage [http://www.wfpak.org/html/rdisrhp\\_eu\\_media.html](http://www.wfpak.org/html/rdisrhp_eu_media.html)

The news coverage of all activities associated with the project have been uploaded on WPF and Partners websites. Both WPF and its implementing partners keep the media engaged for wider dissemination of the project message and creating interest of the community.

Picture Gallery [http://www.wfpak.org/html/rdisrhp\\_eu\\_gallery.html](http://www.wfpak.org/html/rdisrhp_eu_gallery.html)

Pictures of all activities associated with the project have been captured through pictures. These pictures are also part of implementing partners website. This enhances project interest of various stakeholders

For details please refer to Activity 5.3-5.7

**The European Commission may wish to publicise the results of Actions. Do you have any objection to this report being published on EuropeAid Co-operation Office website? If so, please state your objections here.**

Name of the contact person for the Action: Mr. Qadeer Baig

Signature: .....

Location: World Population Foundation, Pakistan

Date report due: February 2010

Date report sent: 10<sup>th</sup> February 2010